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#### **Kermodei Tourism Terrace Visitor Centre**

4511 Keith Avenue, Terrace, BC V8G 1K1 P: 250-635-4944 info@visitterrace.com

#### Available at the Terrace Visitor Centre

- Free Wi-Fi
- Charging Station
- Espresso Bar
- Sani-Dump Station
- Potable Water Picnic Area
- Wheelchair Accessible Retail Sales – Local Artisans
- Bike, fishing rod, and snowshoe rentals
- All-terrain wheelchair available to the public



#### Official Visitor Guide

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#### What's Inside

Messages: Mayor & Executive Director
Welcome to Terrace
Fun Facts About Terrace
Getting Here / Routes & Tours8-
Motorcycle Touring10-1
Our Shared History12-1
Historical Attractions14-1
Ghost Towns16-1
Indigenous Culture18-2 Kitselas Canyon, Kitsumkalum, Oolichan Run, Nass Valley
It's Wild Out Here3
This is Kermodei Country3
Hiking & Walking Trails32-3
Climbing3
Biking36-4
Motocross & Dirtbiking4
Discover World-Class Fishing42-5
Region 6 Skeena / Salmonid ID, Best Time To Fish, Boat Launches, Fishing Lodges
Skiers on the Skeena (Feet Banks)52-5
Ski, Snowboard & Winter Fun54-5 Shames Mountain/My Mountain Co-op Map, Mount Remo Backcountry
Heli Tours/Adventures6
Heli-skiing Tours/Adventures61-6
Sustainability6
Crosscountry Ski & Snowshoe6
Snowmobiling6
Golfing66-6
Paddling & Boating68-7
Camping & Parks72-7
Where to Stay
Shopping & Dining & Relaxing82-9 Restaurants, Farmers' Market, Sustainable Food, Find Your Bliss Wellness, Shopping & Retail
Music Scene96-9
Arts & Culture98-10
Riverboat Days10
Festivals10
Summer & Winter Family Activities104-10
Itineraries106-10
Create Memories108-10
Discover Terrace Guides/Maps QR110-11

#### A message from the **Mayor of Terrace**



#### Ła bała sgan

(the cedar mat has been laid) or welcome.

Terrace is rich in culture and history. Ts'msyen people have lived here since time immemorial, and our community is steeped in their culture, language, and traditions. You can see northwest coastal art around town in totem poles, murals, and carvings by master carvers, many of whom teach at or graduated from the Freda Diesing School of Northwest Coast Art at Coast Mountain College. You can witness cultural dancing and listen to Sm'algyax, the traditional language of the Ts'msyen, at many of our community events. At nearby Kitselas Canyon National Historic Site, you can learn more about Ts'msyen history in a stunningly picturesque setting.

Explore the mountains we are ringed by through our world-class hiking and mountain biking trails, or on the slopes of nearby Shames Mountain or Onion Lake Cross Country Ski Trails. Visit the many rivers and lakes that surround our community for fishing, swimming, or skating. Tour our vibrant art scene by trying to find all of the murals and artwork created through the Skeena Salmon Arts Festival. Eat lunch at one of our many amazing restaurants, grab a coffee, and shop our unique businesses.

So many people tell me that they came to Terrace for a year and are still here, decades later. Terrace is a magic kind of place and I am so glad that you are here to experience the magic.

Mayor Sean Buitas





#### A message from the

#### **Executive Director**

Welcome to Terrace, BC - where you can choose your own adventure in one of the most spectacular places on earth. Terrace is a mountain town and if you're discovering it for the first time we hope you get a chance to explore, relax and experience our northern hospitality. It's not unusual to see visitors roll into Terrace with their vehicles packed to the brim with bikes, kayaks, paddleboards or climbing gear. Terrace is one of THE mountain biking destinations in British Columbia and our location in the heart of the Coast Mountains means we have easy access to pristine lakes, rushing rivers and spectacular hikes and climbing locations. Our rivers are known around the globe for exceptional fishing - cast a line in the mighty Skeena River for some of the best salmon fishing in the world. From golfing, hiking, camping or just exploring the urban trails and parks in Terrace, there is an adventure for everyone.

Wintertime is magical in Terrace. Explore Onion Lake Cross Country Ski Trails where you can go snowshoeing, fat biking or cross-country skiing - there's even designated routes for skiers with dogs and night skiing. If you are looking for deep powder, easy access to the back country and a ski hill that is welcoming, inclusive and offers terrain for all abilities, Shames Mountain boasts more than 40 feet of snow a year. Not a skier, bring the family up and check out the tubing lanes!

Terrace is an exciting city to explore – don't forget your camera as you capture memories at some of our downtown's many murals and public art installations. Uncover the unique boutiques and local eateries, or soak up our vibrant arts and culture scene. Live music is on the menu at all sorts of pubs, bars and in The Hall at our local brewery.

Make sure to stop in at our Visitor Centre where our friendly and helpful staff are happy to help you plan your trip, suggest some must-see stop and share some local insights. Don't forget to explore our outstanding selection of handcrafted gifts made by more than 50 regional artists. We also rent bikes in the summer, snowshoes in the winter and we even have an all-terrain wheelchair to lend for folks with mobility challenges that still want to discover our trails and beaches.

With so much to see and do, we know you too will discover the WOW of Terrace! We love it here and we know you will too.







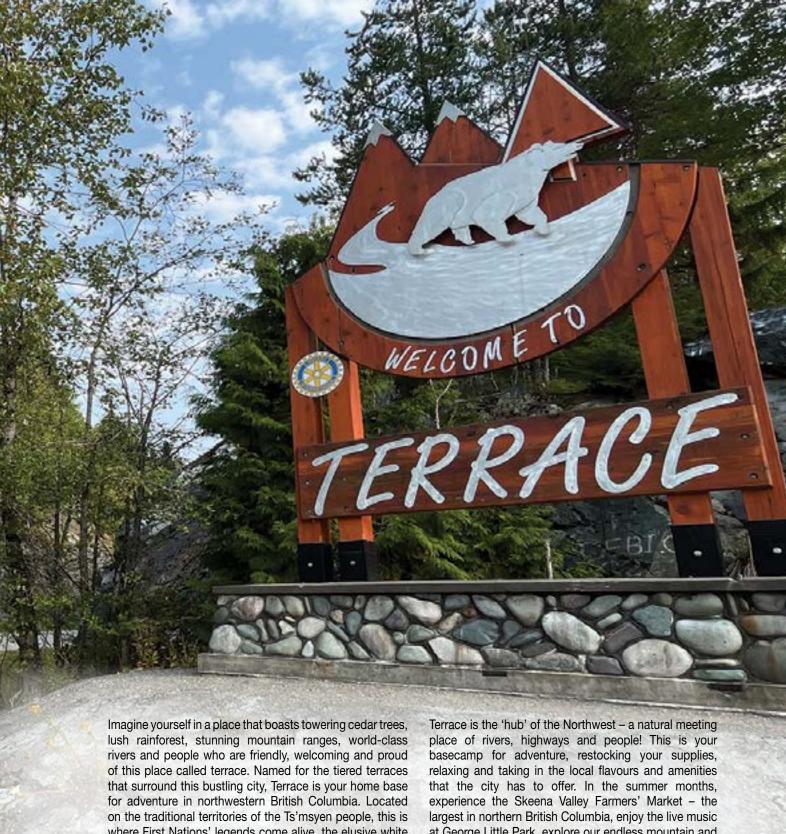


info@visitterrace.com

4511 Keith Ave., Terrace, BC, V8G 1K1

- Espresso Bar
   Sani-Dump Station

- Picnic Area
- Retail Sales Local Artisans



where First Nations' legends come alive, the elusive white Kermodei Bear roams free, and the world-class fishing experiences draw anglers from around the world.

Our story is one of hiking and biking trails, amazing salmon fishing, epic powder, traditional Indigenous arts and culture, and friendly people. Majestic mountains, spectacular lakes, abundance of wildlife, stunning landscapes, and days filled with adventure create the perfect backdrop for your visit to Terrace and the surrounding areas.

at George Little Park, explore our endless mountain and lakeside trails. In the winter, enjoy epic powder at Shames Mountain, Nordic skiing at Onion Lake, snowmobiling on our local mountains, skating and ice fishing on our frozen

We invite you to enjoy all the wonders that Terrace has to offer

4 | VisitTerrace.com VisitTerrace.com | 5

### Fun facts about Terrace

- The City of Terrace gets its name from the terraces or benches rising up from the Skeena River
- Shames Mountain is owned and operated by My Mountain Co-op, Canada's first non-profit ski community cooperative and boasts an average of 40 feet of snow per year
- Terrace is home to world-renowned artists. Take a walk through downtown Terrace to see an array of murals, sculptures and public art installations and traditional Indigenous art such as totem poles. Keep your eyes open on the trails too - you never know when you'll find art in wild places!
- The Terrace area is one of the few places in the world where you might catch a glimpse of the elusive Kermodei Bear - a black bear with white fur!
- Terrace is located on the traditional lands of the Ts'msyen people, who have occupied this area for more than 10,000 years.
- World-record catch: In 2001, a German visitor landed a 44.91 kg (99 lbs) Chinook Salmon on the
- The Skeena River is North America's largest undammed river and second longest river in BC with up to 5 million spawning salmon every year



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#### New Age Insights



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# **Terrace-Kitimat** CAPACITY • CONNECTIONS • RELIABILITY • SAFETY

GET CONNECTED THROUGH THE NORTHWEST REGIONAL AIRPORT

CAPACITY: Executive board room, full service restaurant and vehicle rentals (Enterprise, Hertz, Budget & Driving Force)

**CONNECTIONS:** Connections to Vancouver, Calgary, Prince George, Bob Quinn and Dease Lake with unrestricted aircraft accommodation including 757 and 737

RELIABILITY: A state of the art instrumental landing system upgraded in 2023 allowing for 99.7% reliability of scheduled flight completion

**SAFETY:** Aircraft Fire Fighting



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6 | VisitTerrace.com VisitTerrace.com | 7

### getting here

#### **BY VEHICLE**

- Driving Routes: www.hellobc.com
- Hwy Conditions and construction updates: www.drivebc.ca

Most visitors drive Highway 16 to Terrace to take advantage of the incredible scenery along the way. Driving to Terrace from Vancouver, Calgary, or Edmonton is a must for anyone whether it's your first time in Canada or you have lived here your whole life. Plan to take several days to allow you to maximize the time in the communities and stops along the way. Don't forget to keep your camera handy as this drive is home to more wildlife than anywhere in BC! For more info about the drive and best routes check out some of the more popular Driving and Circle Routes in BC at www. hellobc.com

#### ■ Fuel and Diesel:

Most communities along the way have fueling stations for both gas and diesel, and many places where you can grab a bite to eat. It is advisable to fuel up fully when you have a chance, because the hours of operation can vary along the route.

Car Rental: Should you require a vehicle, there are many trusted car rental businesses which offer visitors a variety of options for transportation including vehicles equipped for winter driving. There are several vehicle rental businesses also located at the Northwest Regional Airport Terrace-Kitimat (yxt)

#### **Enterprise Rent-A-Car**

- 250-635-6855 - www.enterprise.ca

#### **Budget Rent-A-Car**

- 250-638-0288 - www.budget.ca

#### **Hertz Canada Limited**

- 250-635-6866 - www.hertz.ca

#### **Driving Force**

- 250-635-9559 - www.drivingforce.ca

#### BY RAIL

#### ■ www.viarail.ca

Did you know that you can travel the length of our great country via train? VIA Rail trains pass through Terrace several times a week travelling between Prince George and Prince Rupert. Weaving in and out of the mountains and passing by raging rivers, the train allows access to wilderness sights and scenery not visible from the highway. The Via Rail station is located at the George Little House at the base of Kalum Street in downtown Terrace. It's also home to a great coffee shop called the Fairlie where you can find daily food specials, breakfast eats and a delicious array of coffee and tea. Check VIA Rail's website for more information and schedules.

#### BY AIR

■ Airport: www.yxt.ca

■ Airlines: www.flycma.com www.aircanada.ca

www.westjet.com
The Kitimat-Terrace Regional Airport is the largest in the area with regularly scheduled direct daily flights to Vancouver, and one to Prince George. Air Canada Jazz, Westjet

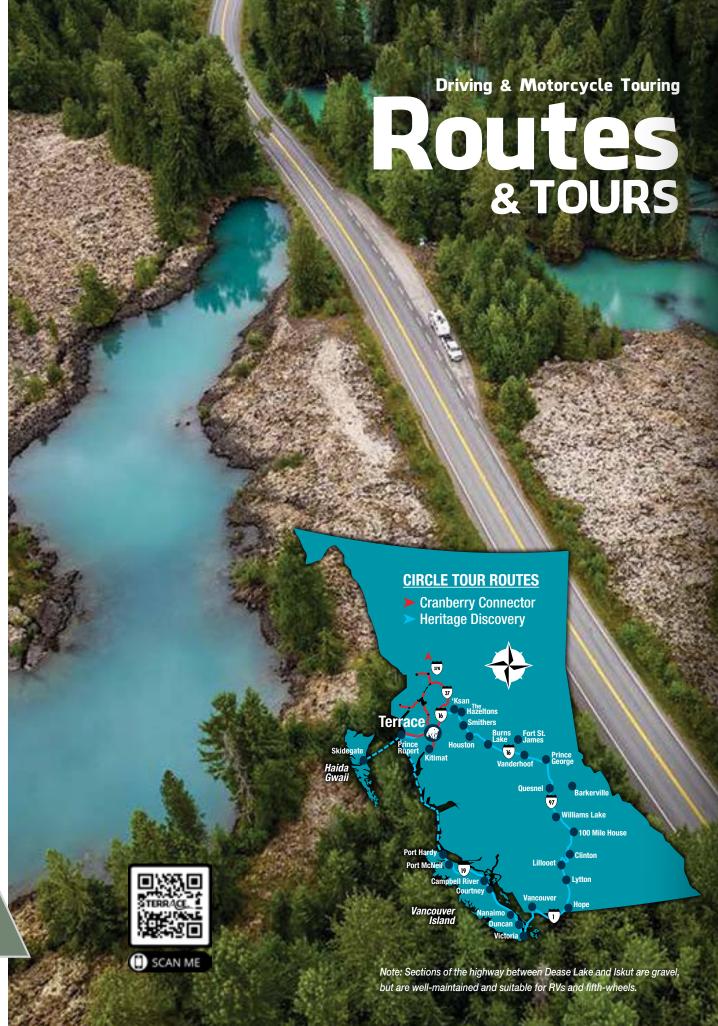
and Central Mountain Air all provide excellent value and service.

#### BY BIKE

During the summer, many cyclists pass through town on BC adventures. It's best for bikers to thoroughly research local terrain before traveling through the area, but local bike shops are more than happy to assist should any technical difficulties arise. The Terrace Visitor Centre offers bike rentals to all visitors and locals.

#### **Adventure Smart**

Make a plan and let someone know. Stick to activities in your comfort zone. Make your good day better.



#### HERITAGE DISCOVERY CIRCLE

■ 10+ days, 3479.20 km (2161.87 mi)

Discover the diverse culture of BC's Indigenous peoples, Catch the pioneer spirit on the Gold Rush Trail, journey to historic destinations and ferry through the Inside Passage. Heritage sites line this route, along with stops to see tunnels, fossils, totem poles and grizzly bears. For a truly spectacular excursion, consider taking the BC Ferry from Port Hardy on the northern tip of Vancouver Island to Prince Rupert, and stop in Terrace on your way east to Prince George. The ferry can accommodate large RV's and boats on board. This 15 hour journey takes you through the coastal BC waters where you can keep your camera handy in case you see whales, eagles and thebeauty of BC's inside passage. Summers are busy on this route, so make sure you book your trip on the BC Ferries website. If you have the time, take the Alaska Ferry from Prince Rupert through the Inside Passage to southeast Alaska. Highway 16 from Terrace to Prince Rupert.

#### ■ 1-day, 552.11 km (343.07 mi)

Take a scenic drive from Terrace west to Prince Rupert along Highway 16 or east to Smithers on the same highway. Enjoy views of the Skeena River, waterfalls and mountain peaks.

#### NASS VALLEY AND LAVA BEDS

#### ■ 1 day, 146 km (90 mi)

A unique scenic drive and day trip is north of Terrace to the 18,000-hectare Nisga'a Memorial Lava Bed Provincial Park in the picturesque Nass Valley, surrounded by a dramatic landscape blended with the rich Nisga'a culture. From Terrace, take the Nisga'a Highway 113 north for 100 km. The park was the site of Canada's most recent volcanic eruption 300 years ago; the area is covered in grey and black lava, which is in turn covered with a sea green moss and new spurts of vegetation. The eruption changed the landscape of the Nass Valley, displacing people and many people lost their lives in the explosion.

This is the heart of the Nisga'a territory and home to four Nisga'a Villages. Take the route west towards Gingolx at the edge of the Pacific Ocean, and stop by the Nisga'a Museum in Laxgalts'ap (Greenville). Or if you have a trusted 4-wheel drive vehicle, take the rugged Cranberry Connector east from New Aiyansh to Highway 37, and head south to Kitwanga and Highway 16, or north to Stewart, Dease Lake and all points north

#### STEWART-CASSIAR HIGHWAY

■ 3 to 7 days, 1634.16 km (1015.42 mi)

Discover Northern British Columbia's vast wilderness, Aboriginal culture, and pioneering history. The Stewart-Cassiar Highway travels past deep canyons, totem poles, high glaciers and mountains. Start in Prince Rupert and end at Dease Lake..

#### **DISCOVER THE OPEN ROAD**

### **Motorcycle Touring**

Destination Motorcycle touring is one of the most exciting ways to explore British Columbia and when you arrive in Terrace you've found your perfect starting point for incredible motorcycle touring. Route 16 takes you from the Rocky Mountains at the Alberta border all the way to the Pacific Ocean at Prince Rupert - it is one of the most spectacular drives in the province. You can also connect to Route 16 from southern BC via Prince George en route to Terrace! This is an exceptional riding that allows you to discover communities such as Prince George, Burns Lake, Smithers, Terrace and Prince Rupert.

Hop on your motorcycle and discover the open road! Connect with local riders!

#### Skeena Valley Motorcycle Page

#### II Northwest BC Hog Chapter

10 | VisitTerrace.com

Visitors are welcome to participate in several local motorcycle runs: the Father's Day Run to Hyder, Alaska; the Mother's Day Run to Kitwanga/Smithers, and the Toy Run in November. For more information, suggested itineraries and images for motorcycle touring in Northern BC, visit www.route16.ca

#### **OUR FAVOURITE RIDES**

#### ■ Nisga'a Memorial Lava Bed Provincial Park /Nass Valley

For a scenic adventure, travel north on the Nisga'a Highway 113 from Terrace and in an hour, you will be driving through the most recent lava flow in Canada. Check out the Nisga'a Lisims Government government building in Gitlaxdamix, the suspension bridge in Gitwinksilhkw, the Git Nu Natural Hot Springs, the Nisga'a Museum in Laxgalts'ap, or the harbour and ocean front in Gingolx (for details, see page 25)

#### ■ Prince Rupert

Head west from Terrace to Prince Rupert, and you will experience 176 km of touring along the breathtaking Skeena River, with plenty of waterfalls, soaring eagles, and glimpses of black bear (perhaps even the elusive Kermodei Bear!). In March, the oolichan run enters the Skeena River between Terrace and Prince Rupert. Oolichan are an important part of the traditional diet of area Indigenous people in the Northwest. Spectators gather in droves to watch these oily, shiny fish make their run down the river - it is truly a spectacular sight to watch sea lions, eagles and other wildlife chase after the fish. Pro tip - keep your eyes peeled around 60 km west of Terrace where the Skeena River starts to meet ocean water look out for seagulls and eagles in the air and you just might spot sea lions feasting on the fish - great opportunities to photos. This is in the vicinity of Kasiks Wilderness Resort where you can get a bite to eat or even spend the night.



# history

Terrace is located on the traditional territory of the Ts'msyen people - the first people to occupy the area more than 5,000 years ago. They lived in villages and fortresses along the banks of the Skeena River that provided salmon, transportation and survival. The Smalgyax work for the Skeena River is K'shian (water from the clouds), and Indigenous people travelled the river using canoes made from hollowed out cedar trunks molded with hot steam. One of these canoes can be found at the Kitselas Canyon National Historic Site.

Europeans began arriving in the Skeena area in the late 1770's, and fur trading, hunting and gold prospecting became principal activities. The Skeena River was a major transportation route for Indigenous people, explorers and early settlers. In 1890, the first riverboat began bringing valuable goods and supplies up and down the Skeena River. Large ring bolts still remain attached to the rocky walls and islands in the Kitselas Canyon and near Ferry Island in Terrace.

In 1912, the railway bridge over the Skeena was completed, and the last riverboat made its journey down the river. The canyon below this bridge (affectionately called the Old Skeena Bridge by locals) is called Little Canyon and is a traditional Ts'msyen fishing location.

In the spring of 1905, the City of Terrace's official founder, George Little, left the Yukon Gold Rush, and snowshoed over the Kitimat Trail to the shores of the Skeena River. When the government opened the land for sale, Little staked his claim on the site where Terrace stands today. He established a homestead and sawmill in response to the needs of the new railway, and donated nine acres of land so a new railway station could be built, transforming Terrace into a busy commercial hub. In 1917, Terrace officially became a city.

Today, Terrace is the government, shopping, entertainment, tourism and service hub of the northwest. People travel from far and wide to visit Terrace's public art such as murals, art installations and Indigenous art

including modern totem poles. When you visit Terrace, you definitely know you are in a mountain town. Terrace is surrounded by snowcapped mountains, creeks, rivers, hiking trails and biking trails both in town and the surrounding area

#### LAX GYELS -LAKELSE LAKE

Did you know the word Lakelse is an anglicized word derived from a Sm'algyax (the Ts'msyen language) phrase? Lax Gyels, means site of freshwater mussels in Sm'alqvax. Lakelse Lake is part of the traditional territory of the Ts'msyen First Nation. Historically, Ts'msyen communities, including Kitsumkalum and Kitselas frequented - and continue to frequent - the Lakelse watershed. Ts'msven people have picked berries, fished, harvested wood, and hunted in and around Lakelse Lake since time immemorial. The location was used to fall cedar trees to hew canoes, to collect cedar bark for weaving and collect mussels from the lake, among other traditional uses.

#### MULTICULTURAL TERRACE

Terrace is located on Ts'msyen territory and the rich cultural heritage reflecting more than 5,000 years of continuous occupation on these lands is intricately woven into our community's fabric. Terrace is also home to a range of people from diverse cultural backgrounds. We have a vibrant Sikh-Canadian community, rooted in generations of people living here. Two Sikh temples, a local cricket club, and a range of Indian restaurants beckon,

inviting you to savor cultural events and get a taste of India year-round. Our Portuguese-Canadian population, with roots dating back to the 1950s continues to be an important part of our multicultural community. As our international family grows, Terrace has become home to newcomers from all over the globe including Korea, Nigeria, Zimbabwe, South Africa, Thailand, Iran, the Philippines, Ukraine and more. Experience Terrace, where

community, multiculturalism, and diversity create a harmonious blend of cultures. To learn more about the multicultural makeup of our community, visit Skeena Diversity where you can be connected with supports for newcomers, engage in fun community activities and learn more about equity, diversity and inclusion

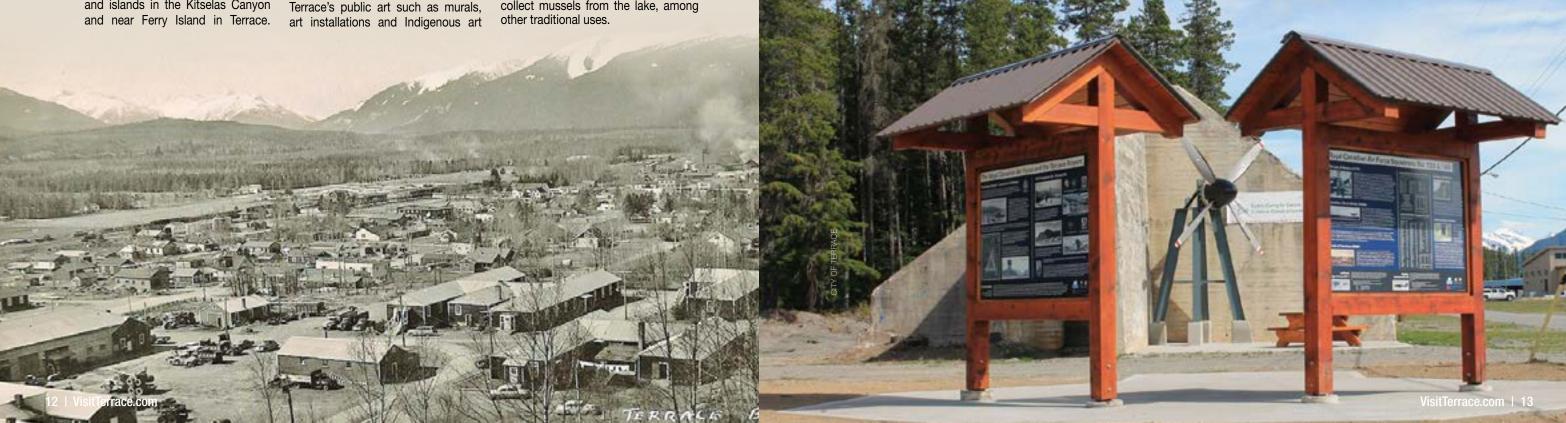
#### **NORTHWEST REGIONAL AIRPORT DURING WWII**

This south facing, roughly H-shaped reinforced concrete structure is a historic reminder of the Royal Canadian Air Force's (RCAF) presence at the Terrace airport during WWII. Standing approximately 22 meters wide, 14 metres deep and 7 metres high, the gunnery backstop was used to help sight in aircraft machine guns. The aircraft aligned their guns

by firing into sand piled at the front of the structure. Small rooms on either side and behind the middle barrier wall were presumably storage areas or personnel rooms used for communications with pilots. Gunnery backstops, like this one can be found across western Canada at former RCAF bases.

During WWII, as part of the second line of defense in B.C.'s coastal defense network, the RCAF Station required

storage for ammunition and therefore, three reinforced concrete ammunition bunkers were built a short distance away from the airport. These bunkers still remain. Since the war, they've been used to store such items as emergency hospital equipment, forest seedlings and aircraft equipment. Now largely unused and overgrown with vegetation these structures are a reminder of the airport's wartime beginnings.



### Historical Attractions

#### 1. Kitselas Canyon National Historic Site

History comes alive at the Kitselas Canyon National Historic Site where you can discover traditional longhouses, a dug out canoe, visit four modern clan poles and take a walk to the lookout over the ancient canyon. Kitselas Canyon is a must-see for anyone wanting to learn about the long history of the Ts'msyen people and Kitselas' connection to this location for millenia. Located on the banks of the Skeena River about 15 minutes east of Terrace by car, the canyon was once a strategic toll point for the Kitselas people who controlled trade and passage along the Skeena River.The canyon has been an important place to the Gitselasu (Kitselas) people of the Ts'msyen Nation for more than 6,000 years. Take a self guided tour or go on an interpretive tour of the site. Check www.kitselascanyon.ca for hours of operation and fees.

#### 2. George Little House – and the Fairlie Café

In 1905, Terrace's founder, George Little, arrived here and started a homestead on what was to become the Terrace townsite. The City of Terrace restored George Little's home to its original state and moved its

location to the bottom of Kalum Street in the downtown core. The building that was once home to our city's founder now welcomes train passengers as the VIA Rail Station. It is also home to the Fairlie Café where you can get a delicious latte or tea, light meals and snack, play a game with friends or take part in one of its many special events.

#### 3. Kitsumgallum Cemetery

Here rests many of our pioneer ancestors including George Little and his family. The Kitsumgallum Cemetery is located at the top of the first hill on Kalum Lake Drive. A fascinating glimpse into the past. Next to the cemetery, you'll find an original trail that looks out across the valley.

#### 4. Heritage Park

Heritage Park is situated on 1.73 acres of land owned by the City of Terrace. The site features a number of interesting, early settler buildings including eight authentic log structures, an artifact-storage shed, a wagon garage, a miniature replica school house, a blacksmith shop and an organic Heritage Garden. Together, they offer a rare glimpse into the social, industrial and

economic history of Terrace in the early years of the last century, after settlers arrived in the valley. Follow their Facebook page @heritageparkterrace for more information about special events.

Opens for summer mid-May. Admission by

#### 5. The Old Bridge

The Old Bridge is an historical feat of engineering that once boasted the title as the longest, single lane, wood decked, curved bridge in North America. Constructed to allow people and vehicles to easily cross the Skeena River, the rock outcroppings under the bridge became a formidable obstacle for the sternwheelers. As such, ringbolts were anchored in the rocks to help the riverboats navigate their way safely through the canyon on their journey upstream. These ringbolts are still visible in the rocks at the west end of the bridge. The bridge now has a metal bridge deck and extensive upgrades in 2022 resulted in a nice wide sidewalk for pedestrians and cyclists, including bump outs to safely look out over the river. The area below the bridge is known as Little Falls and is a current and historic fishing location for the Ts'msyen people.

#### 5. Usk Pioneer Chapel

Approximately 22 km east of Terrace along Hwy 16 stands the Usk Chapel, a charming little replica of a church that was destroyed in the great 1936 flood. While you're there, be sure to take a ride on the Usk Ferry, a rare reaction powered ferry that travels across the Skeena River to the rural community of Usk. Its history dates back to 1912 with the building of the right-of-way for the Canadian Pacific Railway.

#### 6. Kwinitsa Foreman's Residence

Explore the only residential building of the Canadian National Railway known to have survived in the area. The Kwinitsa Foreman's Residence was home to a succession of foremen who worked at the Kwinitsa station (71.5 km west of Terrace) and supported the rail line between Terrace and Prince Rupert. In summertime indulge in a cool treat while enjoying the mountain vista from the adjoining patio.

You can also take a stroll along the Millenium trail which leads all the way to our neighbouring community of Kitsumkalum and is Ideal for walking, jogging, cycling or rollerblading,. This more than 2 km paved walkway runs parallel to Hwy 16 and features a series of interpretive signs that provide interesting details on historical events and monuments.

#### 8. Nass Valley lava beds

A visit to the Terrace area isn't complete without a day trip to discover the history and beauty of the Anhluut'ukwsim Lax mihl Angwinga'asanskwhl Nisg a'a Park - also known as the Niso a'a Memorial Lava Bed Park. This is where Canada's most recent lava bed emerged after a volcanic explosion nearly 300 years ago leveled villages and forever changed the landscape of the Nass Valley, Follow the self guided car tour, take a stop at the visitor centre, walk through the lava bed to the volcanic cone or take a dip in the healing waters of the hot springs. This area is a must see. Please access this space with respect. For details visit www. discovernisgaa.com/

#### 9. Bunkers at the Airport

Calling all history buffs! Do relics from World War II interest you? Do you like exploring unique places with a storied history? Take a short drive to the Northwest Regional Airport, where you can find a reinforced concrete gunnery backstop used by the Royal Canadian Air Force (RCAF). The RCAF Station at the Terrace airport was a critical part of BC's coastal defense network during WWII. Three reinforced concrete ammunition bunkers were built nearby to store ammunition. Today, these bunkers serve as reminders of the airport's wartime beginnings, although they are now unused and overgrown. While the bunkers are not open to explore inside, they make





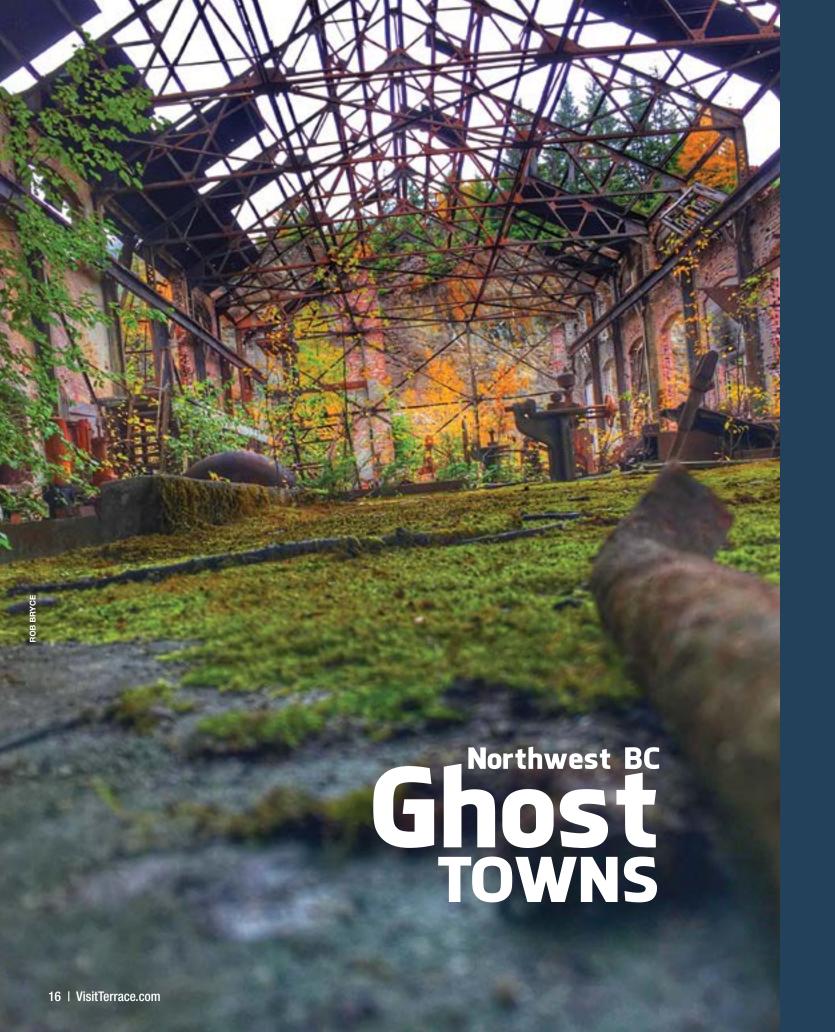
Learn and explore at Terrace's interactive Heritage Museum!



#### Opens for the summer **June 1st**

Visits are by donation, check out our website for more information!





Terrace is a great starting point to investigate the abandoned and remote ghost towns of northwest BC - Dorreen, Anyox, Kitsault, Alice Arm, Lower Skeena Canneries and Stewart. Blessed with many natural resources, these communities popped up and thrived for resource extraction. But once the resources dried up the towns slowly faded away - or ceased to exist entirely. The remnants of these towns lay dormant and provide visitors a rare opportunity to go back in time to experience what it must have been like to live and work in these places. Terrace is the perfect location to begin your ghost town adventure.

Discover the ghost town of Anyox, a 1.5-hour boat ride from the Nisga'a village of Gingolx. Established in 1914, Anyox shut down in 1935 when the price of copper collapsed with the Great Depression, leaving 2500 workers out of a job, who then had to leave immediately. The town laid claim to Canada's largest concrete dam at the time, which generated the massive amounts of electricity needed to power the smelter and town. The dam still exists today. The abandoned town is a jigsaw puzzle of scattered concrete buildings now overtaken by forest and brush. Anyox had all the amenities one could want, a hospital, stores, movie theatre, and even a golf course and red light district.

The lower Skeena Salmon Canneries once lined the shores of the Skeena River and islands along the coast from 1877 to the mid-1930s but slowly faded away. As salmon became scarcer, these small cannery communities ceased to exist. More than 26 canneries existed in this area and now none remain. The telltale sign of these once thriving communities is the 100-year-old pilings that line the water's edge that belonged to canneries built over the water. The canneries had names like Carlisle, Claxton, Cassiar, Balmoral, Dominion, Sunnyside and the most famous of all was the town of Port Essington.

One of the most accessible ghost towns in the area is the old railway

town of Dorreen, named after a Grand Trunk Pacific Railway engineer, Ernest J. Dorreen. This once thriving town on the banks of the Skeena River, adjacent to the railway line, relied on gold mining from Mt. Knauss and farming. The community had a post office, general store, mining office, school and scattering of houses along the fertile flats along the river.

North of Terrace lies two distinct ghost towns of Alice Arm and Kitsault. Both lie at the head of Alice Arm, off Observatory Inlet. Alice Arm, accessible only by boat, was home to the Dolly Varden silver mine in the early 1900s. During its lifespan, the mine produced some of the purest silver ore ever recorded. but like all the other resource towns, good things must end, and when the ore ran out the town faded away. The town had a school, hotel, stores, pubs and rows of houses laid out in a few roads along the estuary flats. Today many of the houses remain, along with a school built in 1922, a bakery, and many mining remnants from the past.

One of the most interesting and exclusive towns is the modern day ghost town of Kitsault. The resource for this town was the steel hardening ore called Molybdenum. An entire town was built in 1980 to service the mine. This town was unlike any other remote resource town, as it had more amenities than you could imagine for being a town you could only access by boat. The company built 100 houses in a subdivision and over 210 apartment units to house the near 1,500 residents. The town had a shopping mall, swimming pool, curling rink, movie theatre, hospital, pub, basketball court, library, squash courts, and school. The lifespan of Kitsault was brief, as the price of Molybdenum crashed shortly after the town's construction, subsequently shutting down the mine a few years after opening. The town has sat vacant since 1983 with just one caretaker on site. The town remains unused to this day and access is granted only to those with special













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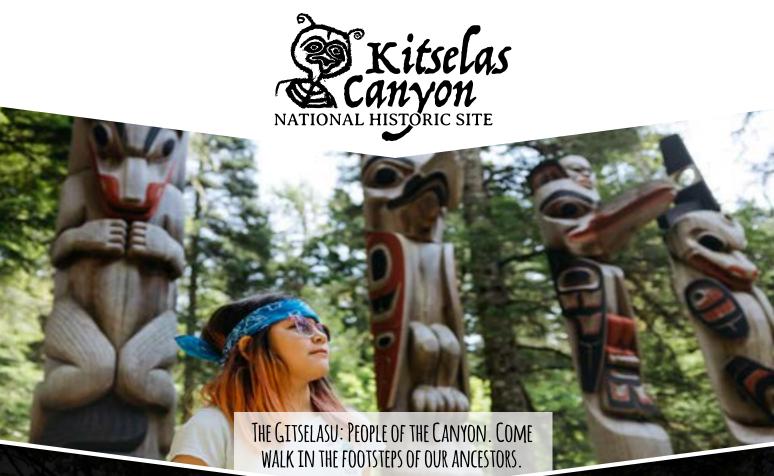
Home of the Ancestors' Collection / Our gift to each other and the world



Hli Goothl Wilp-Adokshl Nisga'a



NISGAAMUSEUM.CA



**Kitselas Canyon** is the ancient home of the Gitselasu people. Oral histories recount the arrival of Gitselasu ancestors to this abundant place, and archaeological research has uncovered evidence spanning at least 6,000 years.

Kitselas Canyon was designated as one of Canada's National Historic Sites in 1972. Today, Kitselas First Nation has developed this naturally beautiful place of history into a cultural eco-tourism attraction and welcomes the world to see it for themselves.

Rich with history and natural beauty, Kitselas Canyon is a regionally significant site for education, recreation, and cultural connection. A user-friendly nature trail (approx. 2.5 km round trip) leads from the interpretive centre through a moss-covered forest to the four Tsm'syen crest poles and a viewing platform overlooking the mighty Skeena River. Interpretive signs highlight traditionally used plant species and tell the stories of the canyon's villages.

New hiking trails and interpretive displays are being developed for the 2024-2025 seasons — come and learn about the changes we have in store!

#### Guided and self-guided tours

We welcome visitors of all ages and abilities to enjoy all that our beautiful canyon landscape has to offer. Admission fees allow access to interpretive displays, trails, and washroom facilities.

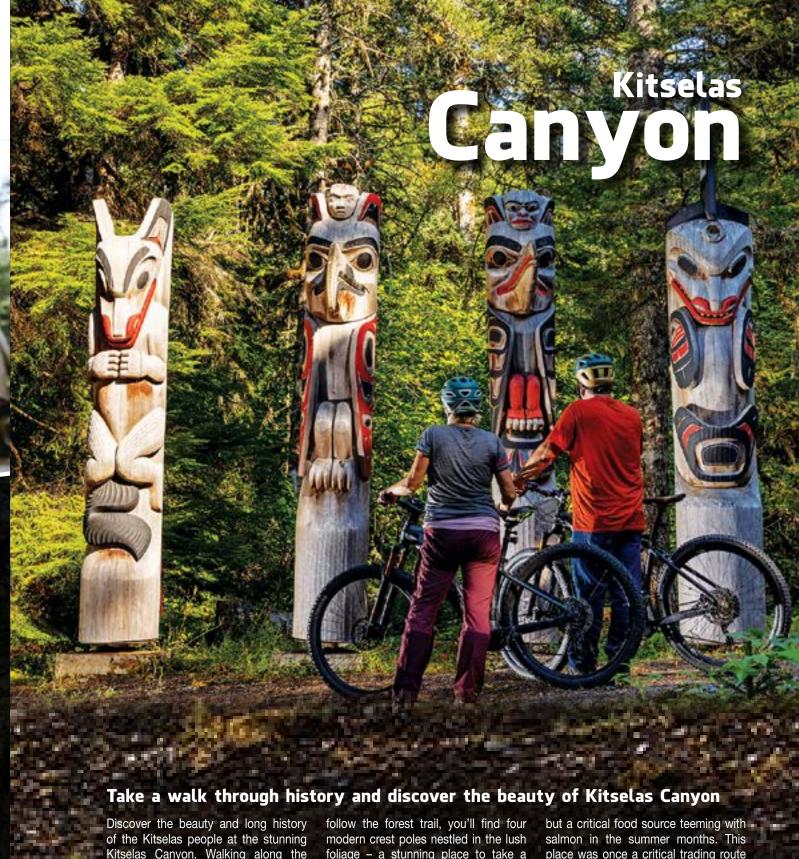
Guided walking tours available from July to August and start from the interpretive centre each day at 10:00 am and 1:00 pm. (Please arrive early.) Visitors may opt to join a guided walk or enjoy the site at their leisure. Allow at least 1.5 hours for your visit.

#### Plan your visit

Kitselas Canyon is open from mid-May the end of September.

Located a short 10 minute drive east of Terrace on Highway 16

School group and corporate event rates are available upon request.



Discover the beauty and long history of the Kitselas people at the stunning Kitselas Canyon. Walking along the canyon trail, you'll feel the mossy ground beneath your feet, weave your way through towering old growth trees and immerse yourself in an ecosystem that has been home to Ts'msyen people for more than 10,000 years. As you

follow the forest trail, you'll find four modern crest poles nestled in the lush foliage – a stunning place to take a photo and see modern wood carvings up close. Follow the canyon trail and take in stunning views of the surrounding landscape from the viewing platform over the incredible Skeena River – which was not only a primary travelling route,

but a critical food source teeming with salmon in the summer months. This place was once a critical trading route used by and monitored by the Kitselas people. Kitselas Canyon National Historic showcases the importance of Indigenous culture to the area and is an unforgettable destination while visiting Terrace.

### these are ancient lands

#### **DISCOVER THE RICH HISTORY** OF THE AREA'S INDIGENOUS **PEOPLES**

The Northwest is home to a rich history of First Nations culture that dates back to "time immemorial". Many opportunities exist to uncover authentic First Nations experiences that are based on the traditional lifestyle. Visit the Ts'msyen communities closest to Terrace - the Kitselas and Kitsumkalum. Take a day trip to visit the Haisla in Kitimaat Village or to the Nass Valley where the ancient Lava Beds and four Nisga'a villages are waiting to be discovered.

#### **Kitsu**mkalum

#### - The People of the Robin

Travelling west from Terrace the first community you will encounter is Kitsumkalum - The People of the Robin. This is home to a mix of four original clans:

#### There are four main clans:

- the Gisbutwada (Killerwhale),
- Laxgsgiik (Eagel),
- Ganhada (Raven) and
- Laxgiybuu (wolf).

The Smalgyax word, Kitsumkalum refers to the riffles in the water as it runs over the rocks. Another description refers to 'the people of the plateau.'

The Kitsumkalum people have been living on these territories for more than 5,000 years and are deeply rooted in culture and connection to the region. Residents continue to practice traditional fishing, hunting and harvesting off the rich lands and waterways in the region and continue to be deeply connected to the land.

For more events and information go to

www.kitsumkalum.com

#### Gitselasu

#### - The People of the Kitselas Canyon

#### 20 minutes east of Terrace towards Kitwanga

Kitselas Canyon is a narrow passage of the Skeena River defined by tumultuous water and jagged cliffs. The canyon is home to the Gitselasu, otherwise known as the Kitselas people. The Kitselas are one of seven Ts'msyen First Nations communities in northwestern BC. Archaeological research and excavations at Kitselas Canyon have found evidence of occupation for at least 6,000+ years. The language used in the Kitselas Nation is s'malgyax, which is spoken by all Ts'msyen nations. The coastal and inland dialects of the language differ only in the use of a few words.

#### There are four main clans:

- Gispudwada (Killerwhale)
- Laxgiboo (Wolf)
- Laxsgiik (Eagle)
- Ganhada (Raven)

The original villages in this area have long since been abandoned, but in recent years, the Gitselasu have developed the award-winning Kitselas Canyon National Historic Site. Visitors on a guided tour can wander through four thematic longhouse displays, a carving shed, animal display, historical display and more. Outdoor activities include views of the longhouses, interpretive nature trails that lead to the canyon, eight standing totem poles, petroglyphs, and views of historic Ringbolt Island and the mighty Skeena River.

#### Hours of operation - Summer

Open May to October

Visit www.kitselascanyon.ca for the most recent opening hours and visitor information.

Guided and self-guided tours are available. Visitor admission fees apply.

Honor and respect our Indigenous environment, wilderness and wildlife. Don't leave anything behind.







#### Saviour fish & candlefish: a fish that goes by many names

Terrace's tourism industry is intimately tied to the Skeena River. The longest undammed river in BC, the Skeena runs 610 km from its source high in the mountains at the Spatsizi Plateau all the way to Pacific Ocean at Prince Rupert.

Each spring (late February and March), residents and visitors are treated to the return of the oolichan fish on the Skeena and Nass Rivers. Snow may be on the ground, but spring is definitely in the air! The river pulses with life as the return of the oolichan – a slender, silver fish – ushers spring into the watershed. The run draws spectators, not to fish, but to experience the show that comes with it. Thousands of eagles, seagulls and more descend from above onto the river, dipping and diving after this glistening fish. From below, hundreds of sea lions and seals bark and pop up their heads from the icy, glassy surface. Then, they start to follow the fish, diving in unison. They head up the river, some travelling well over 100 kms, to gorge on this small, oily fish as they migrate up the river to spawn.

#### Origin of the Indigenous **Grease Trails**

Oolichan is a member of the Pacific Smelt family, but it really is a fish of many names. Known in the northwest as "oolichan", and in academic circles as "eulachon", it is also called the "saviour fish" by the Nisga'a as historically its arrival on the Nass River signaled that winter was over and the season of

harvest had begun. It is also sometimes called "candlefish" because it is so high in oil content, that when dried, it can be used as a candle.

Indigenous people preserve oolichan by smoking and drying or to render it into grease. Trade in oolichan oil and grease created the famous historice grease trails, the trading routes leading from coastal BC throughout the province and across the Rockies into Alberta. It was the trade in oolichan oil and grease that sustained the economy in what is now British Columbia for thousands of years before the coming of Europeans. Oolichan still hold tremendous cultural value for Indigenous people; only they can harvest this fish on the Skeena and Nass Rivers.

#### Where to View the Oolichan Run

Every March, visitors can view the tremendous spectacle of wildlife chasing this small, oily fish, along the Skeena and Nass Rivers as they migrate from the estuaries upstream.

On the Skeena River, drive along Highway 16 from Terrace heading towards Prince Rupert. The highway follows the river, and at about 60 km from Terrace, you will notice the energetic activity of the wildlife. There are several pull-outs along the route to park and view the spectacle.

On the Nass River (K'alii-Aksim Lisims), travel along the Nisga'a Highway 113 past the village of Laxgalts'ap. towards Gingolx and Fishery Bay (Ts'im K'ol'hl Da oots'ip), where there has been an annual oolichan fishery for the Nisga'a since time

# Nass Valley

#### Discover The Nisga'a -One Heart, One Nation

The dramatic landscape fused with rich Nisga'a culture makes the Nass Valley a unique unparalleled, experience. Anhluut'ukwsim Laxmihl Angwinga'asanskwhl Nisga'a Nisga'a Memorial Lava Bed Provincial Park offers visitors a chance to explore a recent volcanic landscape and learn about Nisga'a culture through traditional stories. The volcanic eruption occurred in the Nass Valley over 300 years ago. The vast lava beds serve as a memorial to the 2,000 Nisga'a people who lost their lives and as a reminder of the importance of respect - for both the natural world and the wisdom of the elders. The park is jointly managed by the Nisga'a Nation and BC Parks - the first of its kind in BC.

Today you can follow a self-drive auto tour that highlights the epic scenery, notable features and stories to educate visitors about Nisga'a heritage. Be sure to drop in to the Nisga'a Visitor Centre where you can access information on special events and guided tours to the volcanic crater. Make sure to download the map ahead of time as cell

service may be limited In the Nass Valley.

Just outside the park there are four communities -Gitlaxt'aamiks (New Aiyansh), Gitwinksihlkw, Laxgalts'ap, Gingolx, each with their own unique opportunities to explore and engage. All communities are road accessible along BC Highway 113 . You'll find amenities such as convenience stores, bed and breakfasts, camp grounds, restaurants, gift shops, gas stations and health services, although not all services are available in each village.

For day trips, fuel up and leave Terrace early to maximize your visit. It is advisable to call ahead for attractions, restaurants, or lodging and bring your own food and water as a back up. There are full-service gas bars in Gitlaxt'aamiks and Laxgalts'ap. For overnight stays, arrange lodging in

For more information, visit www.nisgaanation.ca

#### THINGS TO DO AND SEE

- HIgu Isgwit Hot Springs, located between Gitwinksihlkw and Laxgalts'ap
- Experience the exhibit at the Park Visitor Centre
- Campgrounds located at the park, Dragon Lake, Laxgalts'ap, and Gingolx (first come first serve)
- Explore lava features on designated trails
- Mountain bike trails and observation platform In Gitwinksihlkw
- Visit the four Nisga'a villages Gitlaxt'aamiks, Gitwinksihlkw, Laxgalts'ap and Gingolx









#### **Gitwinksihlkw**

Gitwinksihlkw is located along the north bank of the Nass River – one of BC's most dramatic settings. For years, the village was accessible only by suspension footbridge. Today, a modern bridge provides vehicle access. Four pts'aan (totem poles) for each of the four Nisga'a tribes (Eagle, Wolf, Raven and Killer Whale) flank the bridge. Don't miss the new Sasaak hiking and mountain biking trails and bring your camera for a photo on its iconic wooden viewing platform that overlooks the lava beds. Enjoy a coffee or lunch at the Welcome House, located at the base of the Suspension Bridge.

#### THINGS TO DO AND SEE

- Ukws-Ts'agat 400 'suspension foot bridge
- Welcome House café and store
- Village entrance bridge with four 25' pts'aan
- 55' Bears' Den pts'aan at the Recreation Center
- + 60' Education pts'aan at the Elementary School
- Sassak hiking and biking trail
- Village Government offices info + tours
- Salvation Army Church
- Fish Wheels
- Wilp Wilxo'oskwhl Nisga'a Institute (WWNI)Nisga'a University

PERSONAL PROPERTY AND ADDRESS OF THE PERSONAL PR

#### **Gingolx**

Gingolx is the seafood capital of the Nass and is located at the mouth of the Nass Riveron Portland Inlet. It offers rich cultural history, natural beauty and some of North America's finest seafood – salmon, crab, halibut, snapper and shellfish – available at one of the valley's only restaurants, U See Food U Eat It. A dramatic coastal setting.

#### THINGS TO DO AND SEE

- Sea walk panoramic ocean, mountain, eagle views
- Cultural longhouse
- Gingolx Government longhouse
   two pts'aan (totem poles)
- Tribal smokehouses
- Village Government offices info + tours – two pts'aan (totem poles)
- Gingolx Christ Church
- Gingolx Memorial Recreation Centre
   one pts'aan (totem pole)
- Hiking viewpoints, natural trails– not monitored

#### Laxgalts'ap

Laxgalts ap is located along the Nass River Estuary – a worldclass fishing destination. It is also home to Hli Goothl Wilp-Adokshl Nisga'a (Nisga'a Museum), housing Anhooya'ahl Ganiye'etgum (the Ancestors' Collection) of over 300 priceless artifacts. Returned through the Nisga'a Treaty, the Nation's museum houses one of the finest collections of Nisga'a belongings in the world.

#### THINGS TO DO AND SEE

- Nisga'a Museum home to the Ancestors' Collection with over 300 cultural artifacts/ treasurers
- World class carving shed observe Nisga'a carvers
- Village Government offices info + tours – one pts'aan (totem pole)
- Nisga'a Valley Health Centrefour pts'aan (totem poles)
- Laxgalts'ap Community Centre
   two pts'aan (totem poles)
- St. Andrews Anglican Church
- Hiking viewpoints, natural trails– not monitored

#### Gitlaxt'aamiks

Gitlaxt'aamiks offers a rich cultural history, natural beauty and central location for exploring Nisga'a Lands. Situated on the edge of the Memorial Lava Bed Park, Gitlaxt'aamiks is the home of Wilp Siayuukhl Nisga'a (Nisga'a House of Laws) – the legislative assembly of the Nisga'a Lisims Governments.

#### THINGS TO DO AND SEE

- Nisga'a Lisims Government Legislature
   info + tours + pts'aan (totem pole)
  designed by Norman Tait and carved with his
  brothers Alver and Robert
- Unity Pts'aan (totem pole) at Nisga'a
  Elementary Secondary School first pts'aan
  raised in the Nass Valley in a century
- Village Government offices
   info + tours + four pts'aan (totem poles)
- Village smokehouses
- Holy Trinity Church
- Gitlaxt'aamicks Interpretive Center
- Hiking viewpoints, natural trails not monitored

discover the Nass Valley

#### Hli Goothl Wilp-Adokshl Nisga'a | Nisga'a Museum

Nestled in the Nass Valley, past the memorial lava beds, with mountains like drapery surrounding, is

#### Hli Goothl Wilp-Adokshl Nisga'a | Nisga'a Museum.

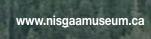
Here, the Nisga'a Nation shares its heritage and stories with each other, and the world. The museum's collection reflects the 113-year journey that culminated in the signing of the landmark Nisga'a Treaty on May 11, 2000. The treaty recognizes Nisga'a sovereignty on ancestral lands and returned over 300 ceremonial objects and heirlooms that were removed from the Nass Vallev in the late nineteenth and early twentieth centuries.

Reflecting the guidance of elders, the Ancestors' Collection or Anhooya'ahl Ga'angigatgum' is experienced through stories and traditional histories or adaawak. Adaawak belong to the Nisga'a people, sometimes to a particular family group, making the museum a special placing of learning and sharing. Hear of the trickster Txeemsim who, in his favourite form of Raven, stole the sun to bring light to the world and lay the course of the Nass River. The naxnok or spirit represented by the long nose mask ties together landscape, geologic history, and tragedy. Over 250 years ago, two Nisga'a villages were destroyed and over 2,000 people perished when the Tseax Cone erupted. Gwaaxts'agat, a powerful supernatural being, emerged and extended his nose to stop the advancing lava. This story, told for over 100 years, imparts not only important history but also a deeper message of respect for the natural world. Such histories were traditionally passed on through performance at ceremonial gatherings, where

individual naxnok were portrayed by mimicry, dance, and songs using costumes, masks, and other theatrical props.

The Nisga'a Museum is also a place where traditions are reinforced within the Nass Valley. Many cultural objects reflect the artistic representation of a person's identity within their Wilp, or house, and one of the four Nisga'a tribes or pdeek - Eagle, Killer Whale, Raven, and Wolf. Family crests are illustrated within the museum on blankets, drums, headdresses, staffs, rattles, chests, dishes, spoons, totem poles, and many other objects. The museum's name - Hli Goothl Wilp-Adokshl Nisga'a means 'The Heart of Nisga'a House Crests.' Working with local elders and artisans, the museum hosts regalia workshops in preparation for Hobiyee, the Nisga'a new year held in February. Through the Expanding Traditions program, master carvers and traditional artists engage would-be youth artists to learn technique by replicating cultural objects from the collection.

Supporting Nisga'a artists and art entrepreneurs is a priority of the Nisga'a Museum. We Invite you to experience Dim gwilks-luu-yaltkw ńuum - Luumitmitkwhl gagoodim I We are returning home - Our hearts are full, an exhibit of contemporary Nisga'a artists on display in 2024 to welcome the Wilps Ni'isjoohl memorial pts'aan (totem pole), now installed in the museum's fover. Commemorate your visit with unique offerings in the museum store. representing over 20 Nisga'a and other Indigenous artists. Hours: 10am to 5pm, Wednesday through Sunday (May 18 to October 13); 7 days a week in July and August.





#### Home of the Ancestors' Collection /

Our gift to each other and the world

NISGA'A MUSEUM

Hli Goothl Wilp-Adokshl Nisga'a

NISGAAMUSEUM.CA



bee

If you gamble, use your GameSense

19+

SGNA HLIGOOTHLWILP-ADOKSHLNISGA



bog cranberries, huckleberries and salmon berries can also be found in the surrounding forests. Many important plants for medical and spiritual reasons can be found in the area. Devil's Club is highly prized

RESPECT WILDLIFE

by local First Nations for its healing powers.



#### The elusive Spirit Bear is a rare sight to see

The Kermodei, also known as the Spirit bear, ghost bear or Moksgm'ol to the Ts'msye people,, is unique to the North Coast rainforest and sightings are rare. Even locals who have lived in the region their entire lives have yet to catch a glimpse of the legendary white bear.

What makes this white bear so intriguing is that it is a black bear in every respect except for its bright coat of fur. One might think that the bears are albinos but the famous white fur comes from a recessive gene that both parents must possess for their cub to be white.

Indigenous legends recall the Kermodei as the spirit of the rainforest. The Kermodei remains the City of Terrace's famous mascot, though consider yourself lucky if you see one - they are rare indeed!

#### **Bear Country**

If you see a bear on the side of the road, give them lots of space. Roadside bears quickly, become habituated to vehicles and people, and this can cause many problems for both bears and humans. Remember, they are wild and can behave unpredictably. Always exercise caution - don't feed the bears, get too close or attempt to touch them.





Lake. And since the Skeena River leads to the Pacific Ocean you

may spot seals, otters or even sea lions in the river hunting for fish.

It is common to see black bears while driving along the highway

and hiking the trails. While catching a glimpse of a bear or any

species of wildlife is definitely a highlight for most travelers,

please act responsibly. Be sure you are familiar with bear safety techniques before any hike or backcountry activity. Don't surprise or approach bears; bears will usually move out of the way if they hear people approaching, so make noise and hike in groups.

Never attempt to touch or feed wild animals.

# Explore Terrace, B.C.

Where will your next excursion in Terrace and the surrounding area take you?

Here are some of our favorite trails.

#### RioTinto

BC Works 70 years We would like to acknowledge all the First Nations whose land we operate and play on. We respect Indigenous Peoples' ongoing and deep connection to their traditional territories and pay our respects to their Elders past and present.

Learn more by going to visitterrace.com

TRAIL NAME	DIFFICULTY	DISTANCE
Ferry Island	EASY	2.8 km
Grand Trunk Pathway	EASY	4.8 km
Gruchy's Beach	EASY	1.0 km
Howe Creek Trail	EASY	2.5 km
Twin Spruce Trail	EASY	2.0 km
Pine Lakes	EASY/MODERATE	6.1 km
Bornite Mountain	MODERATE	4.6 km
Clear Water Lakes	MODERATE	6.0 km
Hai Lakes	MODERATE	1.0 km
Sleeping Beauty	MODERATE	2.0 km
Terrace Mountain	MODERATE	4.5 km
Gunsight Lake	DIFFICULT	6.5 km
Maroon Lake	DIFFICULT	7.2 km
Seven Sisters	ALL LEVELS	Variety

# EXPLORE alpine trails



Terrace has an abundance of green space, walking trails and spectacular scenery. With about 20 day hikes in the area, you have entered into a hiker's paradise!

From a leisurely stroll to a heart-pumping climb, you will find a trail that will suit both your mood and your ability.

#### Moderate hikes

#### 1. Terrace Mountain

is a moderate 4.5 km vertical climb with some steep spots and rewarding views overlooking Terrace.

#### 2. Bornite Mountain

is a 4.6 km hike following an old mining trail to a sub-alpine ridge. An unmarked route continues to the peak giving panoramic views of the Skeena Valley and surrounding areas.

#### 3. Clearwater Lakes

is a moderate hike along a 6 km trail that begins at Onion Lake. The trails runs through an old growth reserve which encompasses Onion, Big Clearwater and Little Clearwater lakes.

#### 4. Hai Lake

is a moderate to easy 1 km hike through old growth forests that leads to Hai Lake and a rustic campsite. Great for swimming and fishing.

#### 5. Pine Lakes

is a moderate 6.1 km multi-use loop. The trail offers scenic views of the lakes, wetlands and mountains.

#### 6. Sleeping Beauty

is a 2.5 km hike that leads to sub-alpine meadows and lakes. An unmarked route continues to alpine ridges with excellent views of the Kalum and Skeena Valleys.

#### Mountain treks

#### 1. Gunsight Lake

is a difficult 6.5 km trail that leads to a scenic alpine lake and ridges that overlook Lakelse Lake.

#### 2. Maroon Mountain

is a difficult 7.2 km hike following an old mining trail to the alpine.

#### Walking trails

#### 1. Ferry Island

is a flat 2.8 km loop that skirts the banks of the Skeena. Be on the lookout for unique woodcarvings by local artist Rick Govette hidden amongst the trees.

#### 2. The Grand Trunk Pathway

is a popular place for walking, jogging, cycling or rollerblading. This paved linear trail follows Hwy16 West for 1.6 km.

#### 3. Howe Creek Trail

is a picturesque old timber trail along Terrace's main creek. This easy path is home to birds and amphibians, as well as a fish hatchery at the end of Eby Street.

#### 4. Gruchy's Beach

is an easy 1 km trail that follows Williams Creek through old growth forest to a popular sandy beach on Lakelse Lake.

#### 5. Twin Spruce

is an easy 2 km walk that winds through old growth forests and wetlands. This trail is located at Furlong Bay Campground in Lakelse Lake Provincial Park.











# Bike.ca We are HERE for you

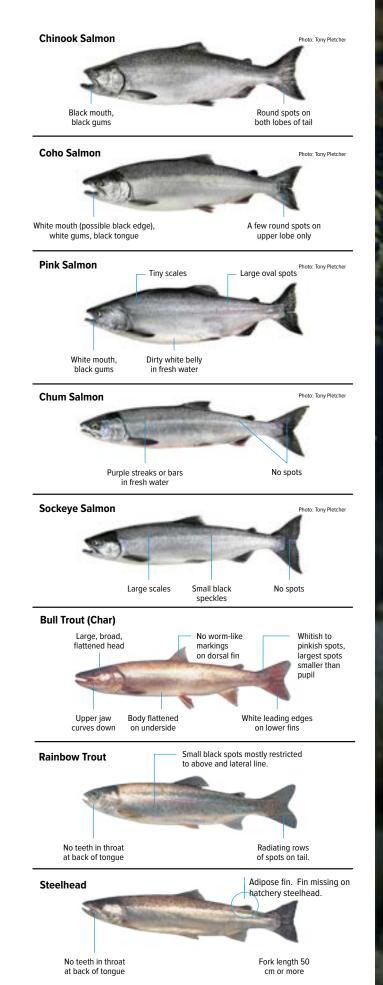
Downtown at 102-4734 Lazelle Ave, Terrace, BC

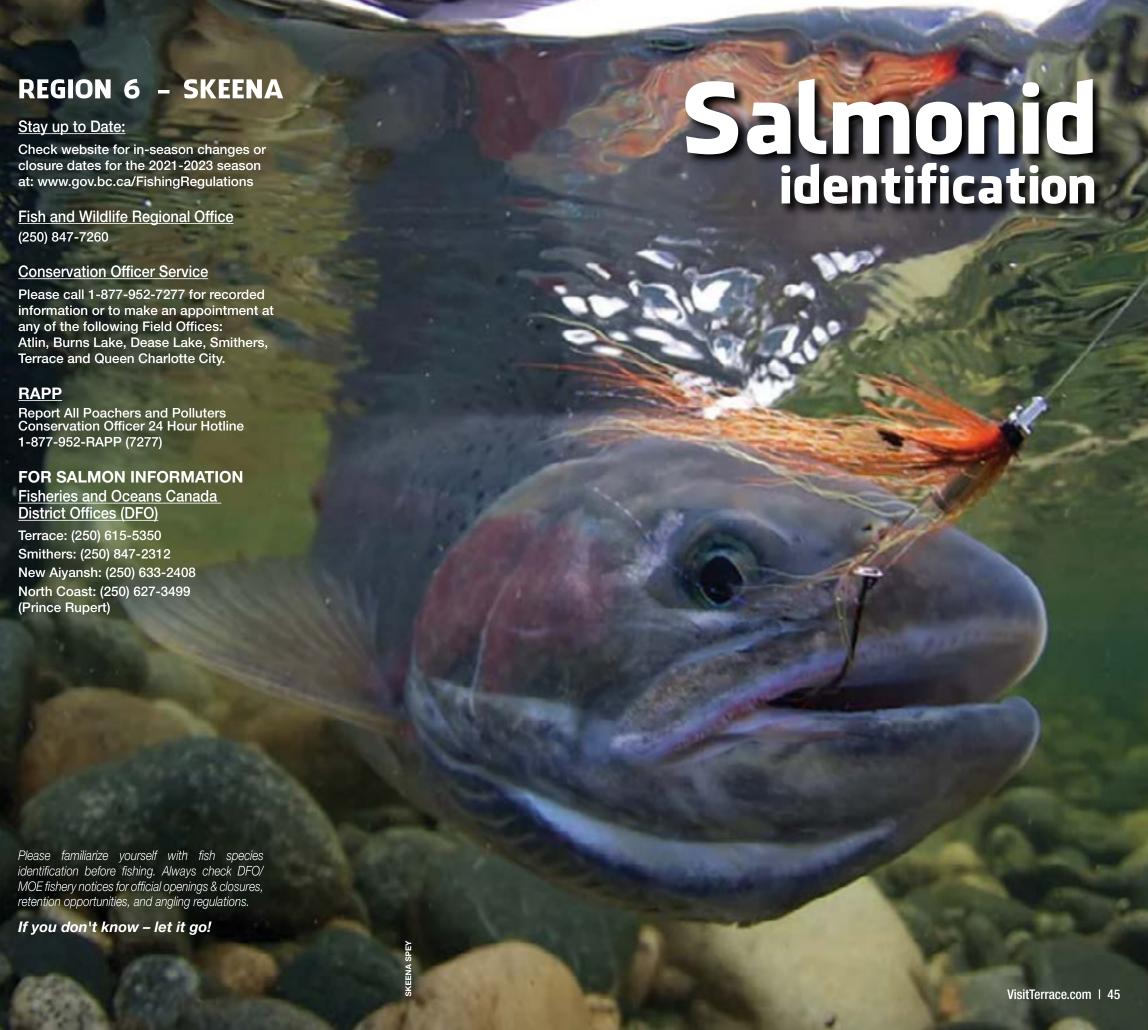
The Terrace Motocross Association (TMXA) takes pride in large jumps, flat corners, tabletops, berms and off camber running a great place to ride and has made it their mission to turns. There is also a junior MX track for kids/beginners. For send riders home with a smile on their face. TMXA has built a those riders looking something other then track riding there two track facility featuring an outdoor style motocross track is also approximately 40km of pristine single track trail riding

and a separate novice/kids track. The main track is a national with lots of different terrain for all skill levels and ages of riders. style track with a mix of loam and sand, offering fast sections Situated near the Northwest Regional Airport on Hwy 37 South.

adrenaline adress









### Ready for an adventure?

in a World Class Fishing destination, with 20+ years of guiding experience on the Skeena, Nass & Kitimat Rivers and nearly all the remote Salmon & Steelhead systems of beautiful Northwest BC.



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terradise.ecotours@gmail.com

#### Fishing in Terrace

Check local fishing regulations and license rules, as there are numerous changes to regulations throughout the year. You can pick up your fishing license at one of our fishing rod and tackle shops in Terrace. If you need fishing gear, drop into the Visitor Centre and ask about our rod loan program (trout/lake fishing only)

#### **Access to the Water is Simple**

- Cast into the Skeena from the banks of Ferry Island.
- · Launch your boat at Fisherman's Park or at the Kitsumkalum Boat Launch and RV Park just west of Terrace or at one of the boat launches in our Provincial Parks. Popular fishing sites include China Bar, Shames Bar and Polymar Bar,
- Take a drive to Kitimat and the Pacific Inland Coast on the Douglas Channel or to Prince Rupert to experience phenomenal ocean fishing.

#### **Ocean Fishing**

Just a stone's throw away

From halibut, salmon, rock fish, ling cod, to many kinds of shell fish, the Pacific Ocean is full of amazing fishing opportunities. Whether it is catch and release or to bring home - Prince Rupert and Kitimat have amazing ocean charters to get your catch of the day.

#### Rod Loan Program

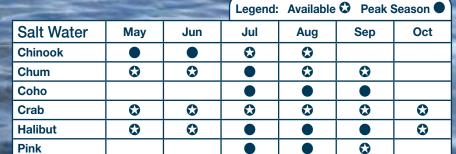
May 15th- September 30th

New to fishing? Stop in at the Terrace Visitor Centre to borrow a rod and tackle. Get out and see what all the buzz is about. A damage deposit is required.

There are many guide outfits that offer day charters or all-inclusive packages. These professional fishing guides are not only technically skillful anglers who know the right times and places to enjoy good fishing but they can also teach you how to improve your skills and knowledge.

www.visitterrace.com www.tourismkitimat.ca

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Fresh Water	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Chinook				•	•			•				
Chum						•	•		•			
Coho							•				•	
Pink							•		•			
Sockeye							•					
Steelhead	•	•			•		•				•	
Trout		•				•	•	•			•	•
Char (Bull Trout)	•				•	•		•			•	•





#### Terrace & Area Boat Launches

#### KALUM LAKE BOAT LAUNCH

- Located approximately 30 km north of Terrace along Nisga'a Highway
- Paved

#### **UPPER KALUM RIVER BOAT LAUNCH**

- Located approximately 21 km north of Terrace along Nisga'a Highway
- Gravel launch on bar

#### LOWER KALUM BOAT LAUNCHES

 Located at bridge over Kalum River and Highway 16

#### **FISHERMAN'S BOAT LAUNCH**

- Located on east side of Kalum River
- Paved

#### KITSUMKALUM BAND BOAT LAUNCH

- Located on west side of Kalum River (see may apply)
- Paved

#### **EXSTEW RIVER BOAT LAUNCH**

 Located approximately 35 km west of Terrace on Highway 16 West at Exstew River

#### ANDESITE BOAT LAUNCH

- Located approximately 41 km west of Terrace along Highway 16 West on the south side of the highway
- Launch is gravel

#### **EXCHAMSIKS RIVER BOAT LAUNCH**

- Located approximately 54 km west of Terrace along Highway 16 West at the Exchamsiks River in the Provincial Park on the west side of the river
- Launch is paved

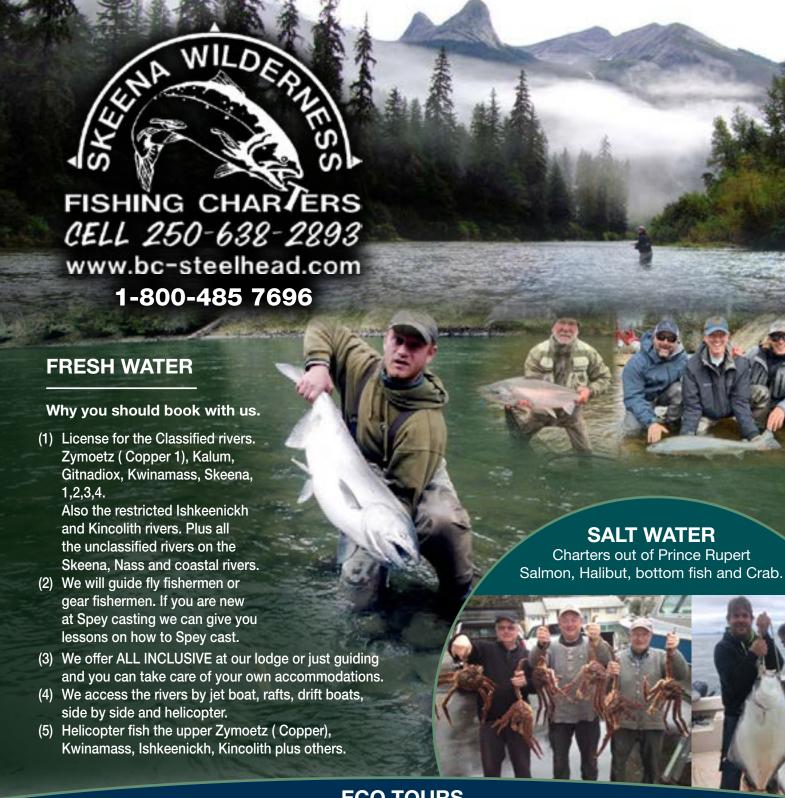
#### **KASIKS RIVER BOAT LAUNCH**

- Located approximately 78 km west of Terrace along Highway 16 West at Kwinitsa Creek on the south side of the highway
- Launch is gravel and limited tidal influence

#### KHYEX BOAT LAUNCH

- Located approximately 104 km west of Terrace along Highway 16 West on the south side of the highway
- Launch is gravel and tidal





#### **ECO TOURS**

Scenery jet boat rides on the Skeena and some of the tributaries, Gitnadiox, Kasiks, Exchamsiks, Exstew, Kalum. View the wild life up some of the rivers, and spot some bears, moose, wolves, deer, mountain goats, eagles and swans. First Nations tours around the Terrace and Hazelton area and up the Nass. Ooligons on the Skeena in March. Loads of eagles, seals and sea lions come to feed on them.





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#### Fishing Lodges Guide (Accomodations for guided fishing tours)

Deep Creek Lodge	250-635-4449	www.deepcreekodge.com
Kalum River Lodge	250-635-8181	www.kalumriverlodge.com
Little Wolf Resort	250-641-2360	www.littlewolfresort.com
Nicholas Dean Lodge / Yellow Cedar Lodge	250-635-5295	www.nicholasdean.com
Northern Escape Mountain Lodge	250-615-3184	summer.neheliskiing.com
Pioneer Fishing Lodge	250-641-0071	www.pioneerfishing.com
Skeena River Lodge	250-638-1184	www.canada-flyfishing.com
Skeena Spey River Wilderness & Lodge	604-905-9694	www.skeenaflyfishing.com
Skeena Wilderness Fishing Charters	250-635-4686	www.bc-steelhead.com
The Steelhead House	250-635-6098	www.steelheadhouse.com
Westcoast Fishing Adventures	250-638-0021	www.westcoastfishing.ca
Wild Rivers Lodge	justin@WhereWiseMenFish.com	www.wherewisemenfish.com





#### Road trippin' to Terrace BC in search of snow, sun, and steelhead

On five previous occasions, I've waded into the lower Skeena in search of the elusive steelhead, only to wade back out empty handed. Five times I've studied the way professional guides read the water as they whisked me (and my parents and son) from one "juicy" run to the next. Five fishing days of a lifetime, but the fish have eluded me at every turn.

This trip to Terrace is the trip to change that forever. This is my chance-four days on the river, hour upon hour under towering snow-capped peaks and heavy solitude of one of BC's premiere winter steelheading spots with the best guides Skeena Spey Riverside Wilderness & Lodge has to offer and a clutch of key fishing buddies who also happen to be world class skiers.

Our team consists of one of the best skiers in the world, Kye Peterson. We're joined by retired freeshier and avid angler Riley Leboe, and cinematographer Brandon Kelly whose job is to capture this trip on camera but who also has a buttery cast.

Add in Skeena Spey's top guides-Adrienne Comeau and Mike Orlowskiand we have two boats of adventureready fishing fiends ready to unleash on one of the wildest and most storied patches of water in the province.

Even as winter relinquishes into spring, this is still the North...daylight is a commodity.

"If I'm being honest, I can't recall too many times where I caught a winter steelhead in the morning," explains

Brian Niska over breakfast. Niska is a Canadian steelheading icon and coowner of Skeena Spey lodge. "This time of year, they are coming into the river to find a mate and hold position until the smaller tributaries get more water in them. As the temperatures go up it brings more colour to the water, gives the fish a bit more cover. With sunny days like this, that means cooler nights, and I find it's more common to catch a fish in the afternoon. One of my favourite tools for knowing when to fish is to check the freezing levels on the ski

I can't tell if Niska's a fortune teller or if steelheading is an art of recognizing and appreciating coincidences, but Kye hooks the first fish of the trip late that afternoon, within sight of Shames Mountain ski hill.

As we fish, we hear a holler from Kye and see a bent rod, as he begins working his way back to shallower water as the rest of us scurry into photo/video/net positions.

The fish is a warrior, but Kye plays him confidently to the net. Perhaps 11 or 12 pounds, it's a beautiful fish, though winter steelhead in the Skeena can get much larger. With a flick of a tail, the fish darts back to the safety of deeper water as Kye celebrates the climax of a day of perfect, windless solitude on the water, and an achievement months in the making.

Day three breaks cold and clear and we launch the boats down sixty feet of snowbank into a Skeena side channel.

Coming from the south coast, the solitude of fishing this wide-open isolation is as enticing as the prospect of hooking into a fish. And then, just after noon (Niska's theory strikes again) I do just that.

Ziiiiinnngg! There goes the line. "Fish on!"

Thankfully, with a fish actually on the line. I know what to do. Tip up. reel. give, take, slow, easy, fast, whooooaa, look at that beast! And then, just like that, it's all over-slack line and a battle lost. The fish is gone, having broke me off at the net.

Riley salvages the day an hour later by landing a beautiful chrome steelhead on just his third cast in a new run. Photos are taken, high fives delivered, and by the time the wind picks up in late afternoon we still haven't seen another human soul. A perfect day on the water. Dinner that night at Skeena Spey Riverside Wilderness & Lodge is as celebratory as it is delicious. Fish tales with friends new and old. We dine as a family, the owners, the staff, the other quests, balancing the solitude of the river with the warmth of shared human excitement and experience.

Sleep comes easy and with the alarm 1,600 vertical feet of coastal powder reunion: everyone seems to know each pushed an extra 20 minutes - tomorrow paradise they came this close to losing. other, they keep an eye on the kids, and

Shames Mountain is notable for number of reasons but the first is that it's owned by the people ripping its slopes. In 2011, the local skiers and snowboarders joined forces to purchase their local ski hill, saving it from closure and dismantling. Since then, the resort has run as a "non-profit community service ski co-operative," aka: 28 runs and

The second thing to know about Shames is it averages 1200 centimetres (480 inches!) of snow each year and has 7,800 acres of backcountry terrain just footsteps from the top of the t-bar.

There is fun to be had, terrain to be explored, and-most importantly to us-a small-town, friendly vibe to be enjoyed. The Shames parking lot feels like a community party, or a high-school

tailgate BBQs are the norm.

Skiers on the

skeena

Kye and Riley ski the hill fast and fun. I manage to keep up, but all the while our eyes keep drifting to the valley. To the Skeena River, to the run we'd fished that morning and the one where Kye got into the first steelhead of the trip. Two of our absolute favourite things to do, two world class venues, within sight of each other. Viva the North!

52 | VisitTerrace.com VisitTerrace.com | 53





#### Shames Mountain and My Mountain Co-op

Shames Mountain truly is the gem of the north - home to 1,600 vertical feet of powder, and located just 35 kms west of Terrace in the spectacular Shames Valley, Shames draws skiers and snowboarders of all levels. With a family friendly base area perfect for beginners to the epic backcountry access at the top of the mountain, this versatile resort is definitely one to check off your bucket list. As described in Powder Magazine, "Shames receives 475 inches of annual snowfall, laying claim to one of the deepest, most consistent snow packs in North America and its backcountry access is unrivalled."

Established in the early 1990s, Shames Mountain has 28 cut runs and an abundance of natural glades. It's also surrounded by more than 7,800 acres of backcountry bliss and the resort offers convenient uphill tickets and passes to cater to backcountry enthusiasts. The options are only limited by your imagination!

Shames is open from mid December until March. The ski area provides lift access to terrain from beginner to expert, instruction, a terrain park, a snow tubing lanes, a day lodge with food service, plus great events throughout the season.

Owned and operated by My Mountain Co-op (Canada's first non-profit ski community co-operative) this is the little ski hill that could. Visit www.mymountaincoop.com for more information about ski programs, lift ticket and rental prices, and up to date snow reports. Driving time from downtown Terrace to Shames is about 40 minutes.





#### **DISTANCE TO SKI AREA**

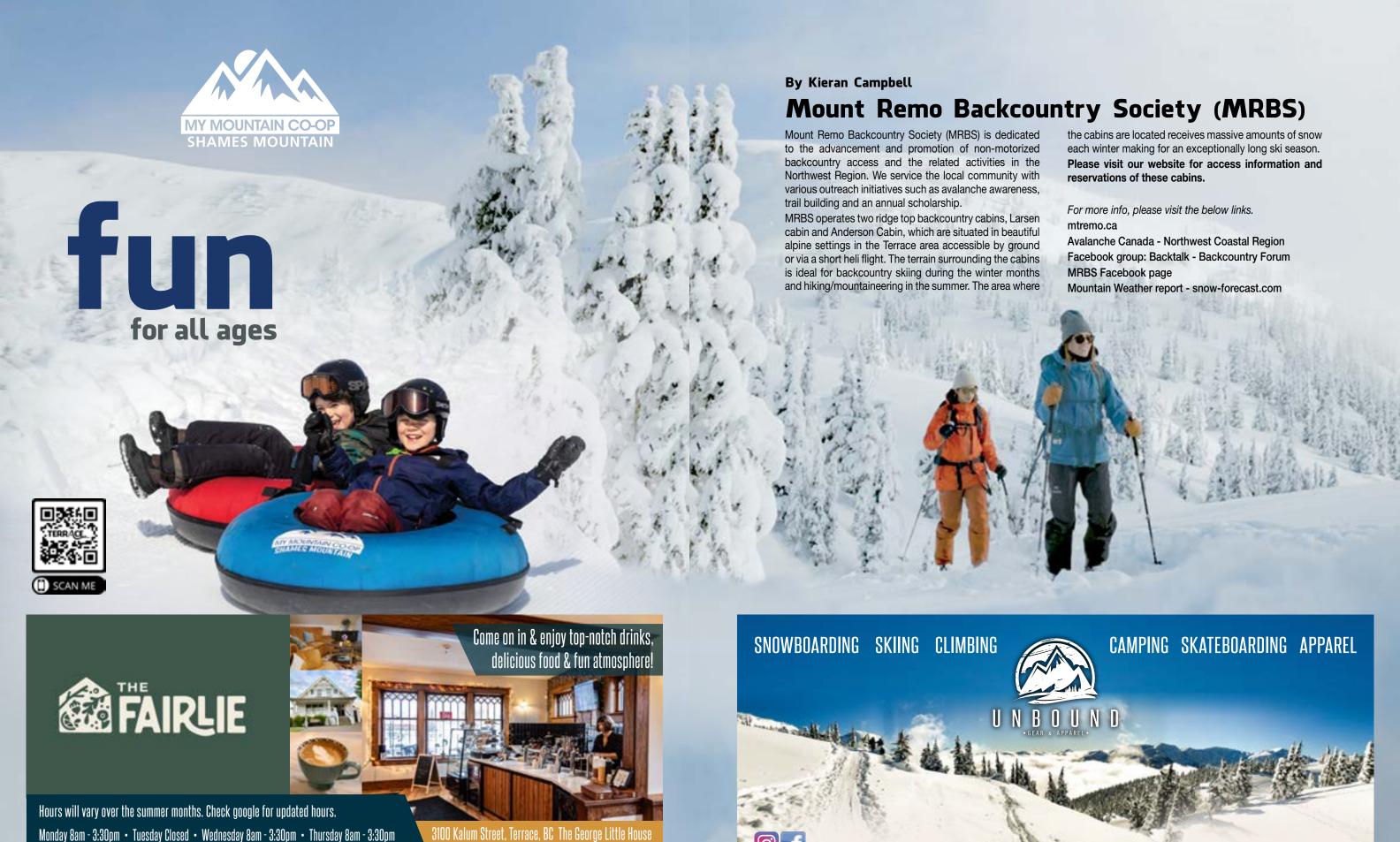
Terrace ...... 33 km Kitimat..... 100 km Prince Rupert ...... 133 km Smithers..... 241 km Prince George ..... 608 km SNOW PHONE 1-250-638-85KI

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# Heli-Skiing spectacular summits



#### Take your ski and snowboard adventure to the next level

If an endless supply of untouched powder is the thing of dreams for you, Terrace is your best bet to access an unparalleled amount of backcountry powder. Not only does Terrace just 45 minutes from Shames Mountain and it's easy access to endless backcountry, it also hosts two world class heli ski operations. Northern Escape Heli Skiing and White Wilderness Heli Skiing both serve the area. Both companies fly in the world class Skeena

Mountain Range and combined hold tenures to some of the best ski terrain in B.C. Northern Escape also has an industry leading cat ski back-up program for the days when it is snowing too hard for the helicopters to fly. The Terrace airport makes getting here easy and the shuttle to the lodges takes mere minutes. So if you are looking for the ski vacation of a lifetime, look no further the Terrace B.C.! Bring your snorkel - it's deep out there!

# Sustainability takes flight

#### Heli-skiing company leads the way in sustainability

bold steps to reduce its carbon footprint and move towards a more sustainable future. The recently certified Carbon Neutral Company recognizes the need to protect the environment and the role it plays in achieving this goal.

The process takes dedication but Northern Escape's President John Forest says the time is right to take meaningful steps to become more sustainable.

"We started with a comprehensive audit - from heating our houses and offices, the cost of shipping food, moving

Northern Escape Heli Skiing is taking people," he explained. "We spent a lot of time with our consultants and started to develop reduction plans to reduce our carbon footprint."

> To achieve the goal of carbon neutrality. the company plans to reduce its carbon emissions in every aspect of operations over time. The company is exploring a range of technologies to help them achieve this, including renewable energy sources and carbon capture technologies that are beginning to become more accessible.

> As part of their commitment to sustainability Northern Escape is

also looking at how to reduce fuel consumption at it's remote mountain

"We are looking at implementing a solar system and battery system that could help us reduce our consumption by 70 per cent," said the company's president. This commitment to reducing energy consumption is an important step towards achieving their goal of carbon neutrality.

Northern Escape Heli Skiing was voted Best Heli Ski Operator by the World Ski Awards in 2022, a testament to its commitment to world class operations.



**Local businesses** thinking green

At the Terrace Refillery customers can access an array of household items, cleaner and detergents that are gentle on the environment and that limit the packaging you would see in everyday stores. Owner Lettie Kestimas has operated the store since 2019 and says she's encouraged by the growing number of people who want to reduce the amount of waste associated with retail shopping. From clothing and textiles made from.



# dreams

the Onion Lake Ski Trails located just take your dog with you and trails for fat half an hour south of Terrace towards tires and snowshoes. The Snowvalley Kitimat. This amazing network of Nordic Ski Club organizes lessons, groomed trails ranges from 1km to events and fundraisers to maintain the 13 km loops and caters to all levels trails. Check out rentals on site or go to www.snowvalleynordics.com

Cross Country skiers are blessed of difficulty for both classic and skate the Terrace Visitor Centre for rentals of with an amazing network of trails at skiers. There is a dedicated trail to snowshoes for both visitors and locals during the winter. Stay at the moose cabin overnight or clock off a night ski on one of the lit trails.





#### **Snowmobiling**

best snowmobiling terrain in the area! From epic long rides, to stunning views Trapper Mountain, Copper Mountain, advanced riders to enjoy. and cozy backcountry cabins, you Anweiler Ridge, Big Cedar, Sleeping can experience the outdoors in ways nobody else can when you are on a The two main riding areas with groomed snowmobile.

Terrace is your home base for all the at our doorstep. Popular trails include ranges and the Nass Valley from the Sterling Mountain, South Douglas, Beauty and Bolton Ridge.

trail access are Sterling Mountain and Prime snowmobiling areas and trail South Douglas. Sterling Mountain is networks through spectacular snow- a great place to take the family with scapes, forests and mountains are right excellent views of the surrounding

the alpine, and terrain for novice to

Connect with the Skeena Valley Snowmobile Association at

#### www.svssnowmobile.ca

This group of locals helps steward the snowmobile areas, supports cabin and warming hut access.



#### Discover the beauty of the Skeena Valley Golf & Country Club

If you're an avid golfer, you won't want to miss out on a day at The Skeena Valley Golf & Country Club. This beautifully maintained course lies at the foot of majestic Thornhill Mountain, just a 10-minute drive east of Terrace.

One of the most picturesque golf courses in BC, you can golf 18-holes on a Par 73 course that offers a mix of wide fairways, meticulous greens, tricky water features and a new experience on each hole.

Each of the 18 holes of this course offers breathtaking views of the surrounding mountains and forest.

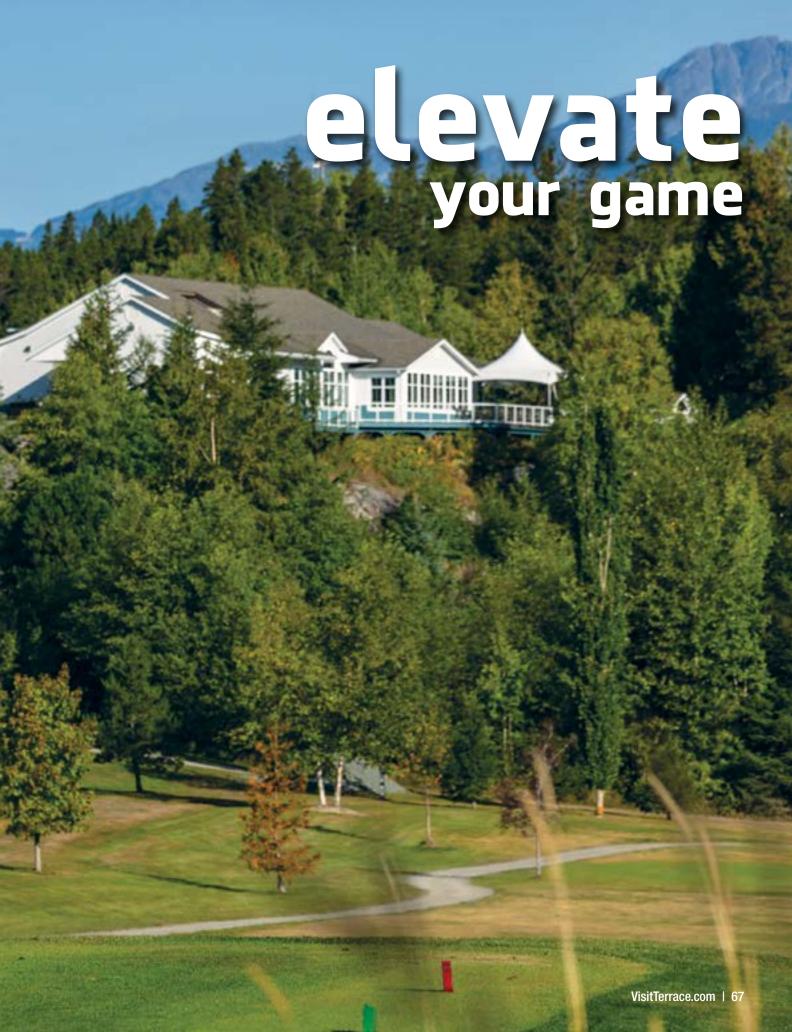
The golf club is open to the public and offers club rentals, pull cart or electric golf cart rentals. Did you leave your lucky glove at home? No worries - the retail shop offers all things golf, from attire, balls and gloves to golf shoes, hats and clubs. After your round, relax in the clubhouse and enjoy a meal and beverage from The Cliff restaurant

- the menus changes regularly, but you are always in for a treat. Make sure to pack your camera for your day on the course - the view from the clubhouse deck is unbeatable!

Check out the Skeena Valley Golf & Country Club web site to book tee times and see what events are on the menu - the summer months are packed with fun tournaments and events.

www.svgc.ca







## paddle away

There is nothing like gliding across crystal clear, smooth picks up. The beauty of paddle boarding is the ease and waters surrounded by snow capped mountains, old convenience of getting a paddle in and still having the

rest of the day to explore all the other outer activities

the Terrace area has to offer. Didn't bring your board

with you? If you head to the Furlong Bay campground at

Lakelse Lake Provincial park, paddle boards are available

to rent from the on-site visitor centre (they also have the

best ice cream on the lake!)

Paddle. Explore. Repeat.

Canoeing is another serene way of exploring lakes in the Terrace area. Pack a lunch and set out for a day of quiet exploring and get a chance to explore areas you wouldn't be able to access by a motorized boat. Locals love heading to Lakelse Lake with their canoes. The south end of the lake is a protected area and off limits to motorized vessels. Explore the Lakelse Lake Wetlands Park where biologically significant warm-water wetlands are protected. Discover this unique ecosystem that is home to lodgepole pine. western red cedar and western hemlock trees. This area contains an extensive cover of emergent and submerged aquatic plants. Many area lakes offer easy access to the water and the ability to launch conveniently.



growth trees to really appreciate the beauty of the Terrace

area. Paddle boarding has become a popular way to

discover area lakes and beaches. Paddlers love the

easy access of lakes such as Lakelse Lake, Sand Lake,

Hai Lake, Pine Lake, Red Sand or Kalum Lake. Pack up

your camping gear and spend a weekend lakeside for

super easy access for morning paddles before the wind



### TIPS FOR RV TRAVELERS

#### Camping

■ See Camping/RV Guide

V

#### Sani-Dumps

- Terrace Visitor Information Centre (4511 Keith Avenue)
- Canadian Tire (Hwy 16 West)
- Raincoast Wash & Lube (5127 Keith Ave.)
- Furlong Bay Campground, Lakelse Lake Provincial Park (Hwy 37 South)

For more information contact the Terrace Visitor Centre at 250-635-4944 or visit our website at www.visitterrace.com

## PROVINCIAL PARKS

#### Kleanza Creek Provincial Park

Just 15km east of Terrace is a gorgeous campground nestled amongst old growth forests and rocky canyons. Hike up a trail through the old growth forest to the top of the canyon wall where a spectacular view of the creek roaring through the gorge and over several waterfalls awaits. The day use area features multiple picnic tables and benches overlooking the mouth of the box canyon where you can watch spawning salmon or walk down to the creek and dip your toes in the cool

#### Lakelse Lake Park

Lakelse Lake Provincial Park is located 15 km south on Highway 37. This beautiful area is situated in the Skeena River Watershed and is surrounded by the mountains of the Kitimat Range. The sandy beaches are ideal for swimming and the access for canoeing, kayaking, paddleboarding is great. The word "Lakelse" comes from the Ts'msyen language meaning "fresh water mussel", for the mollusk that is found on the bottom of both Lakelse Lake and River. This park is open mid-May to early September and is comprised of three separate areas.

#### **Grutchy's Beach:**

Come see what the locals love about this location! While walking the easy 1 km trail through gigantic old growth trees to a long sandy beach, keep an eye out for wildlife and culturally modified trees. Facilities here include volleyball nets and a pit toilet. Every year during late summer, brilliant red sockeye salmon can be seen from

#### **Furlong Bay** Campground:

Furlong Bay is a great location during the summer months to enjoy the beach, swim or relax - all while enjoying a view of the mountains and forests of the Kitimat Valley. The day use area has picnic tables and fire rings along the beach, a beachside change hut with flush toilets, an amphitheatre, a playground and a covered shelter with a wood stove. The swimming area is roped off from May to September.

The newly expanded campground features 164 campsites (many powered options) situated amongst towering cedar, spruce, hemlock, and cottonwood trees. Facilities include washroom huts equipped with flush toilets and showers, a sani-dump and a boat launch with a dock. An easy 2 km walk along the Twin Spruce Trail winds through the old growth forests, wetlands, and alongside Salmon Creek. Visit the convenience store at the visitor's center for snacks, basic amenities, locally made items, or some ice cream on hot days!

#### Lakelse Picnic Site and Group Use Area:

Situated at the edge of the lake near a sandy beach, the Picnic Site features many of the same amenities as Furlong Bay including a picnic shelter, a change hut with flush toilets, multiple picnic tables with fire rings, and a spectacular view. There is a roped off swimming area where the water stays shallow for a long way out. Tucked away in the woods right by the water is a reservable group camp site with its own picnic shelter, picnic tables and fire ring. This area is

#### Nisga'a Memorial Lava Bed Park

Located 100 km north of Terrace, this is the first provincial park to be jointly managed by a First Nation and BC Parks. The campground contains 16 sites, pit toilets, water pump, Visitor Centre, and a day use area with picnic tables and fire rings. Lava Lake day use area offers a shaded picnic area with fire rings, outhouses, and a boat launch. An additional boat launch is available accessing the Nass River. The multiple day use areas found on the self-guided Auto-Tour include short hikes and stunning viewpoints.

#### **Exchamsiks River Park** & Protected Area

A short 56km drive along the Skeena River takes you to this park where you will find two day use areas to explore. On the west side of the river, there is a single paved boat launch available for public use and on the east side is a short interpretive trail through a coastal Sitka spruce rainforest

#### **Sleeping Beauty** Mountain Park

This park offers great alpine access and is located just outside of Terrace. Follow an old road and hiking trail for 3.8km to reach a subalpine campsite situated on a mountain lake. From here, there are endless hiking objectives to be explored. including a ridgeline that takes you to Sleeping Beauty Mountain itself.

#### **BC PARKS**

Phone: 1-800-689-9025 (toll free from Canada or the US) or email parkinfo@gov.bc.ca

the short Sockeye Viewing Trail and accessible year round and provides platform accessed from the parking ample parking. For natural splendor, swimming and camping just outside of town take a trip to one of the many parks in the area. www.bcparks.ca VisitTerrace.com



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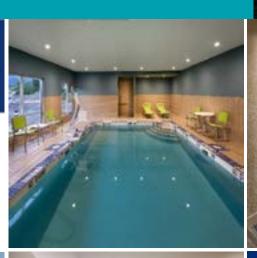
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## hospitality



















Quality













Hotels/N	lotels Guide	# Rooms	Restaurant	Laundry	Pool	Kitchen Suite	Wheel Chair Access	Fitness	Pets	Meeting Facilities	Internet
Bear Country Inn	4702 Lakelse Ave. • 250-635-6302	57	<b>v</b>			V	V		V	V	V
Best Western Terrace Inn	4553 Greig Ave. • 250-635-0083	68	Breakfast Included					~		V	V
Comfort Inn	5112 Hwy 16 W • 250-635-0788	92	Breakfast Included	V	Hot Tub & Sauna	V	V	~	<b>v</b>	V	~
Copper River Motel	4113 Hwy 16 E • 250-635-6124	15		V		V	V		<b>v</b>		V
Costa Lessa Motel	3867 Hwy 16 E • 250-638-1885	35		V		~	~		<b>v</b>		V
Days Inn	4620 Lakelse Ave. • 250-638-8141	58	Breakfast Included				~	<b>'</b>		V	~
Holiday Inn	3059 Hwy 16 East • 778-634-3977	93	Breakfast Included	V	V		~	V	1	V	V
Kalum Motel	5522 Hwy 16W • 250-635-2362	33	V	V		V	V				V
Lodge at Skeena Landing	4055 Motz Road • 250-638-0444	10/4 apt	<b>V</b>	V		V				V	~
Northern Motor Inn	3086 Hwy 16 E • 250-635-6375	32	<b>V</b>	V			~		<b>v</b>	V	~
Quality Inn	4812 Hwy 16 West • 778-634-3849	120	Breakfast Included	V		V	~	<b>v</b>		V	~
Rainbow Inn	5510 Hwy 16 W • 250-635-6415	22				V	~		<b>v</b>		~
Reel Inn	5508 16 Hwy W • 250-635-2362	8		V		V					~
Rest Inn	4326 Lakelse Ave. • 250-635-7216	26	Breakfast Included	V		V		<b>'</b>	V	V	~
Sandman Inn Terrace	4828 Hwy 16 W • 250-635-9151	70	Denny's 24hr Restaurant		<b>v</b>	V	~	~	<b>v</b>	V	~
Wild Duck Motel	5504 Hwy 16 W • 250-638-1511	5		~		<b>V</b>	V				~



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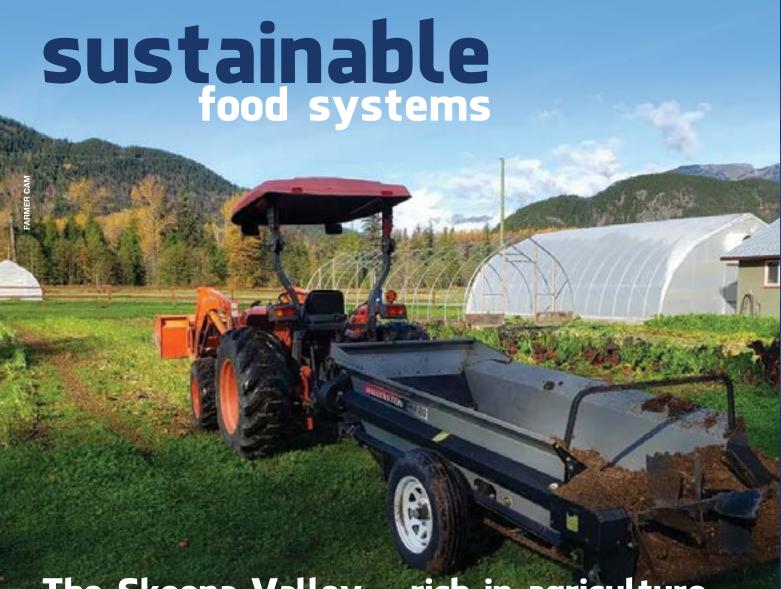
RESTINN

Park



Restaurant Guid	de	FINE DINING	CASUAL DINING	FAMILY FRIENDLY	PATIO
A&W	4616 Keith Ave. • 250-638-0100			<b>/</b>	<b>/</b>
Back Eddy Pub	4332 Lakelse Ave. • 250-635-5336		<b>/</b>		
Bamboo House	4606 Greig Ave. • 250-638-0055		<b>/</b>	<b>V</b>	
Bavarian Inn	4332 Lakelse Ave. • 250-635-9161	<b>V</b>		<b>V</b>	
Bear Country Inn	4702 Lakelse Ave • 250-635-6302	-	<b>V</b>	V	
Beasley's Mix	4553 Greig Ave. • 250-635-0083		<b>/</b>		
Bert's Deli	4603 Park Ave. • 250-635-5440		<b>V</b>	<b>V</b>	1
Blue Fin Sushi Bar	4608 Lakelse Ave. • 250-638-0057		<b>/</b>	<b>V</b>	1
Boston Pizza	4924 Hwy 16 W. • 250-635-3443		<b>V</b>	<b>V</b>	<b>V</b>
Hideout Cafe	4087 Motz Road • 250-635-3696		<b>/</b>	<b>V</b>	1
Cafenara	4716 Lazelle Ave. • 250-638-1662		<b>V</b>	<b>V</b>	1
Chances Terrace	4410 Legion Ave. • 250-635-2411		<b>V</b>		
Checker's Pizza	4550 Greig Ave. • 250-635-0101		<b>V</b>	<b>V</b>	
Chef Abhi's	4055 Motz Road. • 778-634-2999	<b>V</b>	<b>V</b>	V	1
Dairy Queen/Orange Julius	4643 Park Ave. • 250-635-2561	-	<b>V</b>	V	
Denny's	4828 Hwy 16 W. • 250-635-2295		<b>V</b>	V	
Dominos	4717 Lakelse Ave. • 778-634-3434		<b>V</b>	<b>V</b>	
Don Diego's	3212 Kalum St. • 250-635-2307		<b>V</b>	V	
Chef's Global Fusion	4401 Bristol Road • 250-615-1848		~	V	
Golden Star Asian Cuisine	4606 Lazelle Ave. • 250-635-6767		~	V	1
Haryana's Restaurant	5522 Hwy 16 W. • 250-635-2362		<b>V</b>	V	
Kathleens Grill	4805 Hwy 16 W. • 250-635-5395		~	V	1
KFC	4750 Lakelse Ave. • 250-635-3663		~	V	
Lola's Filipino Bistro	4720 Lazelle Ave. • 250-635-1262		~	V	
Lucky Garden Chinese Restaurant	4660 Lakelse Ave. • 250-638-8897		~	V	
Mia Pizza	3992 Old Lakelse Lake Dr Unit D • 250-635-5777		~	V	
McDonalds	4740 Lakelse Ave. • 250-638-8830		~	V	<b>V</b>
Mr. Mikes Steakhouse & Bar	4736 Lakelse Ave. • 250-635-3077		~	V	
Ninja Japanese & Korean Cuisine	4605 Lakelse Ave. • 778-634-2104		~	V	
Northern Dhaba Hot House	4728 Lazelle Ave. • 250-615-5800		~	V	1
Northern Motor Inn	3086 Hwy 16 E. • 250-635-6375		<b>V</b>	<b>V</b>	
Opa! Of Greece	4741 Lakelse Ave #104 • 250-638-0069		~	~	
Pita Pit	4717 Lakelse Ave. • 778-634-7482		~	<b>V</b>	
Pizza Hut	4665 Lazelle Ave. • 250-638-8086		<b>V</b>	~	
Polly's Café	4913 Keith Ave. • 250-638-1848		<b>V</b>	V	
Ranu's Kitchen	4717 Lakelse Ave #108 • 250-641-0511		<b>V</b>	~	
Skeena Bar and Social House	4529 Greg Ave. • 250-635-3311		<b>V</b>		~
Skeena Valley Golf & Country Club	3525 Golf Course • 250-635-2542		<b>V</b>	~	~
Sonbadas	4402 Lakelse Ave. • 250-638-1503	<b>V</b>	<b>V</b>	~	
Starbucks	4655 Lakelse Ave. • 250-635-7206	•	<b>V</b>	~	
Subway	4744 Lakelse Ave. • 250-635-1200		<b>V</b>	~	
Tandoori Kebabs	4554 Greig Ave. • 778-634-0214		<b>V</b>	~	
The Fairlie Café	3100 Kalum St. • 250-638-8887		<b>V</b>	~	
The Fix Café & Cyclery Thornhill Neighbourhood Pub	102, 2910 Tetrault St. • 877-783-0506 2387 Thornhill St. • 250-638-8404		<b>V</b>	<b>/</b>	<b>V</b>
Tim Hortons	4603 Keith Ave. • 250-638-8128 4568 Lakelse Ave. • 250-635-2662		V	V	~
Trishan			<b>V</b>	<b>V</b>	
	4702 Keith Ave. • 250-635-0548		V	<i>V</i>	
White Spot	4620 Lakelse Ave. • 250-638-8141		<b>V</b>		
Wings Terrace 4	741 Lakelse Ave. • 778-634-3888			<b>/</b>	
Pizza Pizza	4620 Lakelse Ave. • 778-634-1111	<b>V</b>	<b>V</b>	/	<b>V</b>
Yellow Cedar Lodge		•		Terrace con	





## The Skeena Valley - rich in agriculture

Long before the forests were turned into fields, the Ts'msyen people of northwest BC cultivated a variety of fruits, berries, and other foods in the fertile soils of the Skeena River Valley. Terrace's proximity to the Pacific provides abundant precipitation, but our inland location results in more sunshine per year than coastal communities, creating ideal agricultural conditions.

When settlers came to the region, Terrace began exporting a wide variety of fruits and vegetables in BC and beyond, developing a reputation as the "Fruit Basket of the Northwest" or "Okanagan of the North".

Today, there are a variety of small scale farmers, home-based gardens and makers, bakers and growers who flock to the Skeena Valley Farmers Market for market.

and visitors to the region. Locals in Terrace the Spotted Horse Nursery on Graham love the Farmers Market as a place to connect, purchase locally produced goods and support area farmers.

There are a number of farming initiatives such as Farmer Cam's Foods who grows fresh microgreens and produce on the riverside farmlands at Hidden Acres Treehouse Resort in Thornhill. You can check out his farmstand at Hidden Acres on Tuesdays from 5 to 7 PM between May and September or even get his produce at local grocery stores. Thimbleberry Farm is a no-till market garden business using regenerative practices. Or check out River Mist Farms who also have a farm stand and sell their produce at the farmers

producers to connect with local residents. In the spring and early summer, a visit to Avenue is always a fun outing. This wellestablished business is a favourite of local gardeners looking for plants, supplies, and knick knacks to adorn their own piece of paradise. The property is also home to several bee hives maintained by Rushing River Apiary, one of several beekeeping businesses in the region; check them out online to order candles, local wildflower or fireweed honey, and other bee-based

> As our society shifts towards more sustainable food systems, it's a perfect time to revitalise agriculture in the Skeena Valley. Incorporate agritourism into your trip, and taste what Terrace has to offer!



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**AVEDA**<sub>TM</sub>

Our lush surroundings create an incredible backdrop for wellness activities and a place to escape from the hustle and bustle. From invigorating outdoor yoga classes to therapeutic forest bathing sessions, the crisp mountain air hosts a holistic and unique experience.

Terrace is a place that nurtures a sense of peace and tranquility and inspires a deep connection with nature. With a unique blend of natural beauty and a diverse range of wellness facilities, we invite our visitors to embark on a journey of self-discovery and renewal.

Suggested services and facilities to find more information

- Nourishing Life Acupuncture
- Harmony Hands Energy Healing
- Viva Holistic Healing
- Northwest Integrative Healthcare Centre
- Four Hands Body Renewal
- Repose Massage
- True North Massage
- Anytime Fitness Centre
- Evolve Studio
- Heal Yoga
- North Coast Exercise Therapy & Rehabilitation Centre
- Cedar River Physiotherapy & Rehabilitation Centre
- Revolution Health & Wellness
- SpineFit Rehab & Wellness
- Studio 3 Salon & Spa



Evolve is a community oriented, all inclusive yoga and movement studio located on the unceded Ts'msyen Territories in Terrace B.C. With our experienced and welcoming team of teachers, we offer a variety of yoga, spin and strength classes and workshops including; beginners', hatha, vinyasa, restorative yoga, kids, prenatal, postnatal, barre, and pilates. We offer membership or drop-in passes for individuals, as well as corporate passes.

Our mission is to create a fun and safe community designed for movement where we empower each other to feel good physically, mental, and emotionally.

We invite you to check us out on facebook or instagram

@evolvestudioterrace

VisitTerrace.com

## Eat, Drink & **Shop Local**

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Enjoy a beverage at a locally owned brewery



Gifts, Souvenirs,



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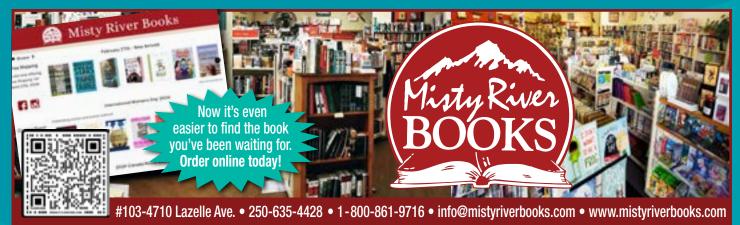












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**H** © soapladies sylviahart@me.com







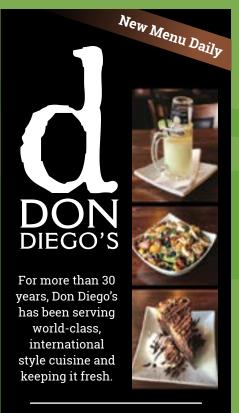
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Terrace offers all sorts of chances to discover galleries, take in live theatre performances, hear live music and attend an array of screenings, film festivals and special arts events throughout the year.

For the art lovers out there, Terrace is home to the Terrace Art Gallery located in the lower level of the Terrace Public Library. The non-profit art association features regular art exhibits by artists from around BC and also has a great gift gallery. Every August, check out the stunning collection of works as the Skeena Salmon Arts Festival Society hosts its annual art show dedicated to the importance of salmon to the people of the northwest. Featuring stunning works by established and world-renowned Indigenous artists side by side with emerging artists and even some pieces by youth. Many local coffee shops such as Cafenara and The Fix feature art works by area artists s does Misty River Books.

For live theatre buffs, the Terrace Little Theatre produces community theatre plays at the cozy McColl Playhouse. The REM Lee Theatre is home to live events, performances and film festivals throughout the year. The annual Northwest Pacific Music festival takes to the stage every spring with 10 days of juried theatre, dance, speech arts, music and band performances. The Terrace Concert Society also brings musical and other live performances to the REM Lee Theatre every year.

Looking for the perfect handmade gift by a local artisan to take home from your trip? In addition to the art gallery you can find locally crafted gifts at the Terrace Visitor Centre, Red Raven Art Gallery, Mountainside Gallery or House of Sim-Oi-Ghets at Kitsumkalum. Don't forget to stop in at the gift gallery at Kitselas Canvon National Historic Site.



SCAN ME

## Discover public art

Terrace has become known throughout the province for its wide array of public art. From stunning large-scale murals throughout the downtown core, to sculptural installations throughout the community. Check out the famous wooden snowboarder located near the Shames Mountain/My Mountain Coop office on the Millenium Trail along Hwy 16, or the Terrace Wolfpack steel sculptures on Terrace Mountain or the carving of a logger right downtown on the 4600 Block of Lakelse Ave. You'll find modern day totem poles at Kermode Friendship Centre downtown Terrace, at Coast Mountain College, Kitselas National Historic Site and at Kitsumkalum.

Many of these public art initiatives has been championed through The Skeena Salmon Arts Festival Society, a First Nations art collective that celebrates the importance salmon through art that. It is currently working on a massic art installation at the traffic circle at the cross section of Hwys 16 & 37 called Su-gigyet - "the new people". The project is expected to be completed by the fall of 2025. Check out their web site for information about public art throughout the community.

For more information about the Skeena Salmon Arts Festival visit www.skeenasalmonartsfest.com



## TERRACE

#### A PLACE TO LIVE AND RAISE A FAMILY

#### A PLACE TO WORK AND INVEST

Connected by rail to North America to the east the north

2 LNG plants to the south Port of Kitimat to the south Aluminum Smelter to the south

> Port of Prince Rupert to the west

 Greater Terrace population over 18,000 is the largest community in the northwest

- Regional Airport
- Regional College (CCM)
- Satellite campus University of Northern BC
- Regional Trauma 3 hospital (to be competed 2025)
- Regional retail center

Terrace Services and employment opportunities

Healthcare, Construction and Engineering

Trades, Transportation and Equipment Operations

Government Services and Education





Contact: mpucci@terrace.ca



under way.

Named by the late Kitselas elder Sm-oogyet Sha-gann (Mel Bevan), its literal translation means "new people" in the Sm'algyax language of the Ts'msyen people. The underlying meaning is "the original people have adopted a new way of doing things."

#### Pronounced: Su = shoe gi = gee gyet = get.

This artist-led public art installation is a collaborative work between master Ts'msyen/Tlingit/Tahltan carver, Stan Bevan, and two northwestern BC-based wood and metal artists, Rod Brown and Mike Sorochan. Stan Bevan is carving the centre sculpture, featuring three wooden sculptures of human forms, which will be enshrouded in salmon-shaped aluminum sculpted by Mike Sorochan. The centre sculpture will be surrounded by several large wooden salmon carvings lead by Roderick Brown of Cohowood Studio.

The art installation will be located in the roundabout located at the crossroads of Hwys 16 and 37. This is a strategic location that connects the communities of Kitselas, Thornhill (and other communities in the west to Prince Rupert, east to Prince George and north to Nisga'a territory in the Nass Valley.

A safe viewing area with interpretive signage that speaks to the historical importance of the location to the Kitselas people will be located adjacent to the roundabout. The safe viewing area will allow visitors to park, take a photo of the installation at a safe distance and will include small replicas of the art for visitors to photograph. Called the Community Corner, this viewing area is accessible, safe, and will provide a unique tourism experience.

Work on the project has begun with a completion date by the fall of 2025.

Funding for this project has been provided by the Province of British Columbia.



www.skeenasalmonartsfest.com







## festivals

#### Get your groove on - music festivals for all ages

Over the years Terrace has become home to a number of music festivals that gather hundreds of people in celebration of live music and performances.

#### Northwest Pacific Music Festival

Every spring check out this 10-day event at multiple venues including the 75-seat REM Theatre where musicians, concert bands, jass ensembles, choirs and other performers take to the stage in a juried event.

#### **Terrace Concert Society**

Planning ahead? The Terrace Concert Society hosts an array of live performances throughout the year including music, dance and theatre at the REM Lee Theatre.

#### Valhalla Festival

Mark your calendar for the Summer Soltice which often coincides with this electronic music festival located on a beautiful riverside property just west of Terrace. The Valhalla Music Festival brings people together for an amazing weekend of camping, costumes, art and electronic dance music that goes right into the wee hours of the night.

#### **Riverboat Days**

#### - Music in the Park

Every August long weekend, people flock to George Little Park for the annual Riverboat Days music in the park. Thousands of people are treated to live music on the outdoor stage while enjoying food vendors, and proximity to the playground for folks with families. Music goes right up until 11 pm and is a long standing tradition you don't want to miss.

#### Farm Fest at Hidden Acres Treehouse Resort

Every July, check out Terrace's homegrown music festival, Farm Fest at Hidden Acres Treehouse Resort where more than 800 people gather for a day-long celebration of regional music, BBQ and beer. Check out the artisan's market, food trucks, vendors, beer garden and more.



#### SUMMER

#### Ferry Island Trails, Bark Carvings & Fishing

Explore the easy walking trails throughout Ferry Island along the banks of the Skeena River, and be on the outlook for unique face carvings by a local artist hidden in the bark of the trees. Check out the frog pond on the south end of the trails where you'll find a large public art sculpture of a toad - it makes a great photo! Check out the playground with the kiddos and if you feel like spending the night, pack your camping gear or pack up the RV for a fun getaway right in the city.

## Millennium Pathway a Chill Ice Cream Shop

Take a stroll along the Grand Trunk Pathway (aka Millenium Pathway), located along Highway 16 and the railroad tracks. Enjoy an ice cream at the Chill Ice Cream Shop on the east side of the trail, and on Monday evenings, visit the Model Train Museum. You can now walk all the way to Kitsumkalum along this walkway

#### Heritage Park Museum

Experience a glimpse of the social, industrial and economic life of Terrace in the early years of the last century at Heritage Park Museum. Visit authentic early buildings including a trappers cabin, blacksmith shop, school house, wagon garage, dance hall, family home and an organic heritage garden, all situated on a lovely green grass setting. This is also the site for many events such as Easter, Ste. Jean Baptiste Day (June 23), Canada Day (July 1), and Hallowe'en.

#### Visit the historic George Little House

Located at the base of Kalum St. downtown by the Best Western Inn, you'll find the historic George Little House, named for the City of Terrace's founder, who once lived in the house. Now home to the Via Rail station, it's also home to a coffee shop called The Fairlie. Stop in for a latte or a delicious snack. There's lots of games upstairs if you want to connect over a board game on a rainy day.

#### Spot the murals and art

Grab yourself a coffee to go from one of our local coffee shops and explore the downtown core. Your challenge? Take as many photos as possible of our many colourful downtown murals and public art installations. Make an afternoon of it and visit the vibrant shopping district or visit the library or gallery while you are in the area.

## George Little Park & Rotary Splash Park

Play at the new playground at George Little Park, and let the kids explore the Rotary Splash Park! Visit the Terrace Public Library at the park, and on Saturday mornings, stroll along the stalls at the Skeena Valley Farmer's Market.

## Terrace & District Aquatic Centre

Be sure to take a dip at the pool! The Terrace & District Aquatic Centre boasts lane swimming, a climbing wall for the kids, a diving board, a leisure pool with lazy river, a delightful hot tub and and saunda and steam room. The pool is an accessible facility with three ramps leading into the hot tub, lap pool and leisure pool. Want to get your sweat on? Check out the facility's gym and get a work out in.





# excitement for all ages

#### WINTER

#### Ice skating

If the weather is cold enough, nothing beats a skate on Lakelse Lake. The picnic site at Lakelse Lake is a popular spot to lace up the skates. Weather too mild? Check out the Terrace Sportsplex for public skate times

#### Go Ice Fishing

Hai Lake, located just a short distance from Terrace, is a popular spot during a winter deep freeze for Ice Fishing.

#### **Shames Mountain**

Hit the slopes at Shames Mountain. Whether you ski or snowboard or just want to hit the tubing runs, Shames is a family friendly ski resort with an average snowfall of 40 feet every winter!

#### Onion Lake Ski Trails

Discover the beauty of the Onion Lake ski trail network, located about half an hour south of Terrace on Hwy 37. You can cross country ski, snowshoe or ride your fat bike. Night skiing and a dedicated doggy trail make it a great destination.

#### **Snowmobiling**

Check out one of the many snowmobile trails like Sterling MOuntain - where the views are exquisite and the snow is deep.

#### Go River Kings!

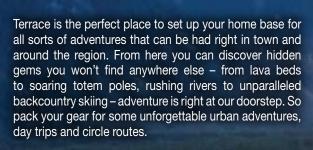
Our hometown CIHL hockey team is the River Kings! They play at the Terrace sportsplex and the games are fast, intense and super fun. Cheer on the home team!

#### **Tobogganing**

All the locals hit up the hill near the rugby field on the campus of Coast Mountain College for the most fun tobogganing in town. Kids and adults alike, love the thrill of getting on a crazy carpet or a tobogganing after a good snowfall.

#### Go to the movies

Winter or summer, a visit to the Tillicum Twin Theatre is a family-favourite. Catch the latest release, lean back in their comfy seats and munch on some popcorn at this family-owned theatre and a community staple.



For a full list of itineraries, visit www.visitterrace.com/plan/itineraries/



## Drive the epic Terrace - Prince Rupert route

Experience the beauty of the Skeena River on a road trip between Terrace and Prince Rupert along Highway 16. One of BC's most stunning road trips, this iconic drive weaves its way through soaring mountains and stunning views. Discover these stops along the way as you day trip to Prince Rupert and come back to your home base - Terrace, BC.

#### **Kasiks Wilderness Resort**

Resort is the perfect stop for a coffee and a snack on your day trip to Port Edward. This beautiful campground and lodge is nestled among towering trees and soaring mountains. Get your grab and go sandwiches and goodies from 10 a.m. - 5 p.m. every day.

#### **Exstew Falls**

Discover this gorgeous waterfall located just west of Terrace. A short 10-minute drive on this logging road leads you to the path that takes you through a gorgeous forest hike to the first pool and then up to the upper pool. Pack you camera, but bring a jacket - the spray off the waterfall might get you wet. The hike is worth every second for these spectacular falls.

#### **Butze Rapids**

Butze Rapids is a beautiful walking trail that runs about 5 km on a well-maintained trail. Walk to the viewing platform overlooking the rapids. Wear good walking or hiking shoes and remember - this is a rainforest, sometimes the boardwalk can be slippery.

#### **North Pacific Cannery**

Before you head back to Terrace, take a walk back into history and discover the North Pacific Cannery National Historic site near Port Edward. A gorgeous tidal backdrop sets the stage to explore the original architecture at the salmon canning factory, explore the original workers' bunkhouses and cabins and get a glimpse of BC's industrial, economic and cultural history through guided tours, special exhibits and events. Only open during the summer months.

The coastal Sitka spruce rainforest towers over this park where the Exchamsiks and Skeena Rivers meet, west of Terrace.

#### **Exchamsiks**

Exchamsiks River Park has two day-use areas. On the west side of the river, you'll find a boat launch and river-side day use area including picnic tables and fire pits. On the east side of the river, find a day use river that includes a short, easy nature trail allows that allows visitors of all abilities to explore the forest all the way to a riverside lookout. Look up to the soaring rock faces in the summer and fall to keep your eye open for mountain goats.

#### **House of Sim-Oi-Ghets**

Located in the community of Kitsumkalum, House of Sim-Oi-Ghets features traditional and contemporary First Nations arts and crafts. Find a variety of Indigenous artwork, jewellery, drums and carvings among other arts and crafts.

#### **Welcome to Terrace sign**

Don't forget to pull off into the rest area just before Kitsumkalum as you drive toward Terrace from the east, where you'll find one of four Welcome to Terrace Signs. The signs pay tribute to the forest, rivers, mountains and bears that make the area so unique. The rest stop also has a pull out and picnic tables.

#### Lake-hopping

Being a mountain town means Terrace is your starting point for discovering crystal-clear lakes for all sorts of fun and relaxation. Stay in town at one of our great accommodations and do some day-trips, or pack your camping gear or load up your RV to take in these great beach finds. Here are our top five suggestions for great beaches, views and lake adventures

#### Lakelse Lake Provincial Park

- Gruchy's beach
- Furlong Bay
- Lakelse Picnic Site

#### Kalum Lake

- Goat Creek Provincial Campsite
- Red Sand Forest Recreation Site
- Hart Farm Forest Recreation Site

Pine Lake Finlay Lake Hai Lake Sand Lake

**Clearwater Lakes trails** 

#### You can only see this here!

starts here

#### Discover our top 7 stops of sights you can't find anywhere else

adventure

From art in wild places, stunning waterfalls, to pristine lakes, lava fields and rocky crags, Terrace is your home base for all sorts of outdoor adventures. Terrace is the home base to explore destinations you can't find anywhere else. Check these seven stops off your list to bring back memories you can only make here.

- 1. Hike to the Terrace Wolfpack art installation on Terrace Mountain
- 2. Go for a dip at Lakelse Lake and walk the Twin Spruce Trail
- 3. Take a day trip to the Nass Valley
  - Lava Bed Memorial Park
  - Hot Springs
  - Nisga'a Museum
  - Sasaak biking trail in Gitwinksihlkw
- 4. Go for an art walk downtown Terrace
  - Check out all the murals
  - Take a photo with some public art installations
  - Visit the Terrace Art Gallery and The Red Raven Art Gallery
- 5. Kitselas Canyon National Historic Site
  - Visit the canyon
  - Longhouses
  - House poles
- 6. Look for carvings of faces at Ferry Island Municipal Campground walking trails
- 7. Visit World War II Bunkers at the Terrace airport

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# discover the Market of TERR/CE BC







Make Terrace your home base for exploring the northwest!

Scan the QR code to access maps and trails of Terrace and the surrounding area.

The Terrace Visitor Centre is a must-stop to get all your trip-planning intel while in Terrace. We offer snowshoe rentals in the winter and bike rentals in the summer. Bring home the perfect souvenir from our gift shop that features more than 50 regional artisans and pick up a delicious latte while you are at it.





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